Namo Love

拍数: 64

级数: Phrased Newcomer

编舞者: Partyfor2 (ES) - June 2017 音乐: Me Enamoré - Shakira : (Single)

Intro: 32 counts **SEQUENCE: A-B-C** B-C A-A-B-C B-C A-A(8counts)-TAG(4counts) B-C B-C Α

A - (32 COUNTS)

(A) CHARLESTON, CROSS, BACK, SIDE TRIPLE STEP(R)

- 1-2 Sweep and touch R toe forward, sweep and step R foot back
- Sweep and touch L toe back, sweep and step L foot forward 3-4
- 5-6 Cross R foot forward, step L foot back
- Step R foot to right, step L together, step R foot to right 7&8

***TAG 6 RESTART**

(A) CHARLESTON, CROSS, BACK, SIDE TRIPLE STEP(L)

- 9-10 Sweep and touch L toe forward, sweep and step L foot back
- 11-12 Sweep and touch R toe back, sweep and step R foot forward
- Cross L foot forward, step R back 13-14
- Step L foot to left, step R foot together, step L foot to left 15&16

(A) STEPS 17-32 (REPEAT STEPS 1-16)

B - (16 COUNTS)

(B) HIP BUMPS FWD-SIDE (R)

- 1-2 Touch R toe forward and hip bump, touch R toe to right side & hip bump
- 3-4 Touch R toe forward and hip bump twice
- 5-6 Touch R toe to right side & hip bump, touch R toe forward and hip bump
- 7-8 Touch R toe to right side & hip bump, step R together

(B) HIP BUMPS FWD-SIDE(L)

- 9-10 Touch L toe forward & hip bump, touch L toe to side & hip bump.
- 11-12 Touch L toe forward & hip bump twice.
- Touch L toe to side & hip bump, touch L toe forward & hip bump. 13-14
- 15-16 Touch L toe to side & hip bump, step L together.

C - (16 COUNTS)

[C]STEPS FWD (R-L), SHUFFLE FWD(R), STEPS BACK(L-R), SHUFFLE BACK(L)

- 1-2 Step R forward, step L forward
- 3&4 Step R forward, step L together, step R forward
- 5-6 Step L back, step R back
- 7&8 Step L back, step R together, step L back

[C] 9-16 (REPEAT STEPS 1-16)

REPEAT





墙数:1

TAG: 4 counts. *4 Steps on spot while vawing shoulders (R-L-R-L) *4 STEPS ON SPOT (P L P L)

*4 STEPS ON SPOT (R-L-R-L)

- 1-2 Step right on spot and vawe shoulders to right, step left on spot and vawe shoulders to left
- 3-4 Step right on spot and vawe shoulders to right, step left on spot and vawe shoulders to left

Contact: partyfortwo@hotmail.es