

Don't Get Burned

COPPER KNOB
STEPPERS

拍数: 128 墙数: 2 级数: Phrased Advanced
编舞者: Kairit Linnaste (USA) - August 2017
音乐: Gasoline - Halsey : (3:17)



Dance pattern: A, tag1, B, tag2, A 32 counts, tag1, B, tag2

Special beginning, starts after 16 sec. Steps are slow

1-2-3-4 step RF forward, hold 2 counts
5-6-7-8 touch LF beside R, hold 2 counts
1-2-3-4 step LF to L side, hold 2 counts
5-6-7-8 step RF together, hold 2 counts
1-2-3-4 step LF back, hold 2 counts
5-6-7-8 touch RF beside L, hold 2 counts
1-2-3-4 step RF to R side, hold 2 counts
5-6-7-8 step LF together, hold 2 counts

A PART 64 counts (starts with vocals)

3 runs forward, hitch, 3 runs back with ¼ turn left, hold

1-2-3 run forward R-L-R
4 L hitch
5-6-7 run back L-R, ¼ turn left stepping LF to L side
8 hold

2 X rock, ½ turn with sweep hitch cross, together, heel twists to right

1-2 rock onto RF and onto LF
3-4 turn ½ to R on RF sweeping LF around, end sweep with hitch in front of RF
5-6 step LF across RF, step RF beside LF
7-8 twist both heels up to right, twist heels down back in center

3 runs forward, hitch, 3 runs back with ¼ turn left, hold

1-2-3 run forward R-L-R
4 L hitch
5-6-7 run back L-R, ¼ turn left stepping LF to L side
8 hold

2 x rock, step to side, drag, together, cross, step, hold

1-2 rock onto RF and onto LF
3-4 RF long step to right, drag LF towards to RF
5,6,7 step LF beside RF, Step RF across LF, step LF to L side
8 hold

*** second time you dancing A on a count 8 touch RF beside LF**

Back rock step, touch flick ¼ turn L, step-lock-step, hold

1-2 rock RF back, recover onto LF
3-4 touch RF forward, turn ¼ left flicking RF back
5-6-7 step RF fwd, lock LF behind RF, step RF fwd
8 hold

Side rock together, hold, back rock ¼ turn step, hold

1-2-3 Rock LF to L, recover onto RF, step LF beside RF
4 hold

5-6-7 rock RF back, recover onto LF, turn $\frac{1}{4}$ to L stepping RF beside LF
8 hold

Back rock side, behind side, rocking chair

1-2-3 rock LF back, recover onto RF, step LF to L side
4-5 step RF behind LF, step LF to L side
6-7 rock RF fwd, recover onto LF
8-1 rock RF back, recover onto LF

Step $\frac{1}{2}$ pivot step, step $\frac{1}{2}$ pivot together, hold

2-3-4 step RF fwd, $\frac{1}{2}$ turn left onto LF, step RF fwd
5-6-7 step LF fwd, $\frac{1}{2}$ turn right onto RF, Step LF together
8 hold

TAG1 16 counts

Box movement with $\frac{1}{4}$ turn right, step

1-2 step RF fwd, touch LF beside
3-4 step LF to L side, step RF together
5-6 step LF back, touch RF beside
7-8 turn $\frac{1}{4}$ R stepping RF fwd, step LF fwd

Step, touch, step back turning $\frac{1}{4}$ right, touch, 2 x step touch

1-2 step RF fwd, touch LF beside
3-4 turn $\frac{1}{4}$ R stepping LF back, touch RF beside
5-6 step RF to R side, touch LF beside
7-8 step LF to L side, touch RF together

B PART 64 counts

Rock, $\frac{1}{2}$ turn rock R, $\frac{1}{2}$ turn rock L, $\frac{1}{2}$ turn R step, hold

1-2 rock RF fwd, recover to LF
3-4 turn $\frac{1}{2}$ R rock RF fwd, recover to LF
5-6 turn $\frac{1}{2}$ L rock RF fwd, recover to LF
7 turn $\frac{1}{2}$ R stepping RF fwd
8 hold

Step $\frac{1}{2}$ pivot turn R, $\frac{1}{2}$ turn, sweep, weave, kick

1-2 step LF fwd, turn $\frac{1}{2}$ to R weight to RF
3-4 turn $\frac{1}{2}$ R stepping LF back, sweep RF front to back
5-6-7 step RF behind LF, step LF to L side, step RF across LF
8 high kick LF to left diagonal (4:30)

Weave, kick-flick, walk 2 steps fwd, hold

1-2-3 step LF behind RF, step RF to R side, step LF across RF
4-5 low RF kick to right diagonal (7:30), flick RF as you turn $\frac{3}{8}$ L (3:00)
6-7 step RF fwd, step LF fwd
8 hold

Step $\frac{1}{2}$ pivot step, together, $\frac{7}{8}$ turn right with body movement

1-2-3 step RF fwd, pivot $\frac{1}{2}$ turn L, step RF fwd
4 step LF beside RF, cross hands on your chest
5-6-7 On toes turn $\frac{7}{8}$ to R moving your upper body in circle-like motion, hands are still on your chest (7:30)
8 bring your heels down and release your hands

2 x runs, rock step, lean back, hold (This part is like running towards something, but that some-thing explodes and you lean back to not get hit by)

- 1-2 Run fwd R-L (7:30)
- 3-4 rock RF fwd bring both of your hands forward like catching something
- 5-6-7 recover weight onto LF and lean slowly back from upper body opening your chest and extending your hands smoothly to both side
- 8 Recover your upper body (weight is still on LF)

Step together step, hold, sailor ½ turn left, hold

- 1-2-3 step RF fwd, step LF together, step RF fwd
- 4 hold
- 5-6-7 step LF cross behind RF, turn ½ to L stepping onto RF, step LF fwd (1:30)
- 8 hold

2 x runs, rock step, lean back, hold (This part is like running towards something, but that some-thing explodes and you lean back to not get hit by)

- 1-2 Run fwd R-L (1:30)
- 3-4 rock RF fwd bring both of your hands forward like catching something
- 5-6-7 recover weight onto LF and lean slowly back from upper body opening your chest and extending your hands smoothly to both side
- 8 Recover your upper body (weight is still on LF)

Step together step, hold, sailor ½ turn cross, hold

- 1-2-3 step RF fwd, step LF together, step RF fwd
- 4 hold
- 5-6-7 step LF cross behind RF, turn ½ turn to L stepping onto RF, step LF across RF Turn a little bit more than ½ this time to end up (6:00)
- 8 hold

TAG2 32 counts

Side rock step together, hold, Side rock step together, hold

- 1-2-3 rock RF to right side, recover onto LF, step RF together
- 4 hold
- 5-6-7 rock LF to right side, recover onto RF, step LF together
- 8 hold

Rock back, step, hold, rock back, step, hold

- 1-2 rock RF back, recover onto LF, step RF together
- 4 hold
- 5-6 rock LF back, recover onto RF, step LF
- 8 hold

Hand motions

- 1-2 bring your right hand forward to head level, elbow down, palm looking to face
- 3-4 bring your left hand forward to head level, elbow down, palm looking to face
- 5-6 bring both hands together
- 7-8 bring hands close to your mouth
- 1-2-3-4 breath warm breath onto your hands like you are warming them
- 5-6-7 bring hands apart to your sides, palms up
- 8 bring hands to your heart, palms facing chest

Second time when you are dancing part A you do it only 32 counts and on count 32 you touch RF beside LF and will start with Tag1

Enjoy and Good Luck!

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