

Almost Had It All

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Roy Verdonk (NL) & Sebastiaan Holtland (NL) - August 2017
音乐: Almost Had It All - Maan : (New Single 2017)



Introduction: 16 counts, start on approx; 10 sec. No Tags Or Restarts

Part 1. [1-9] Side, Behind, ¼ Turn L, Forward, 1/4 Turn L, Side, Syncopated Weave R with Sweep R Fwd, Cross, 1/8 Turn R, Side, Back, Hitch L, Coaster Step L.

1,2& Step L to L, Step R behind L, Making ¼ Turn L (9.00) and step L forward.
3 Making ¼ turn L (6.00) step R to R.
4&5 Step L behind R, Step R to R, Step L across R, Sweep R from back to front.
6&7 Step R across L, Making 1/8 turn R (7.30) Step L back, Step R back.
&8&1 On diagonal: Hitch L knee up, Step L back, Step R beside L, Step L forward.

PART 2. [10-17] 3/8 Turn L with sweep R, Cross Mambo Step R, Cross, ¼ Hitch Turn L, Step, Step, Lock, Step L.

2 Turning 3/8 turn L over L (3.00) and sweep R from back to front.
3&4 Step R across forward L, Recover back onto L, Step R to R.
5-6 Step L across R, Making ¼ turn L (12.00) over L and hitch R knee up.
7 Step R forward.
8&1 Step L forward, Lock R behind L, Step L forward.

PART 3. [18-24] Scuff R, Ball, Step, Heel Twist Forward Left, Centre, Coaster Cross L, Hip Roll R to L.

2&3 Scuff R forward, Step R back in place on ball, Step L slightly forward.
&4 Twist both heels forward left, Twith both heels back to center taking weight onto R.
5&6 Step L back, Step R beside L, Step L across R.
7-8 Roll R hip from R to L, Recover back onto L.

PART 4. [25-32] Behind, ¼ Turn L, Step, ½ Pivot Turn L, Continue ½ Turn L, Back, ½ Hip Turn L, Side Rock & Cross (syncopated).

1& Step R behind L, Making ¼ turn L (9.00) step L forward.
2-3 Step R forward, Pivot turn ½ L (3.00) over L take weight onto L.
4-6 Continue ½ turn L (9.00) step R back, Turning ½ L (3.00) and push L hip forward, step L forward
7&8 Step R to R, Recover back onto L, Step R across L.

REPEAT DANCE AND HAVE FUN!!

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