

Makeba

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Makeba - Jain



Step , ½ R Chassé, ¼ L Hips Rolls, Behind, Side.

- 1-2 Step L forward (1), ½ R Step R forward (2),
3&4 Step L forward (3), Step R next R (&), Step L forward (4),
5-6 Step R forward rolling your hips from L to R 1/8 L weight is on your R(5), Recover weight on L (6)
7-8& 1/8 L Step R to R side (7), Cross L behind R(8), Step R to R (&).

Cross, Hitch Chassé, Shoulders pop, Body Roll.

- 1-2 Cross L over R (1), Hitch R knee and pass your R from back to forward (2),
3&4 Facing L diagonal Step R forward (3), Step L next R (&), Step R forward (4),
5-6 Still facing Diagonal Step L to L side and pop R shoulder forward (5), Step R to R and pop L shoulder forward (6),
7-8 1/8 L Body Roll to the L (7), Touch R next L (8).

Step, ½L Chassé, Hips bump, Hand Shake.

- 1-2 Step R forward (1), ½ L weight on R(2),
3-4 Step L forward (3), Step R next L (&), Step L forward (4),
5-6 Step R to R Bump hips to R (5), Step L to L Bump hips to L (6),
7-8 Bump hips to R (7), Raise both hands up and shake them, weight is on your R (8).

Side, Together, Chassé ¼L, Step Turn Step, Step Turn.

- 1-2 Step L to L (1), Step R next L (2),
3&4 Step L to L (3), Step R next L (&), ¼L Step L forward (4)
5-6 Step R forward (5) ½L Step L forward (6)
(Restart Wall 8: Stomp R forward, Hold (6) then Restart the dance)
7-8& Step R forward (7), Step L forward (8), ½R Step R forward (&).

Smile and Restart the Dance! :D
