

Show Me How!

拍数: 32 墙数: 4 级数: Improver - Non-Country
编舞者: Johan Bouillon (SA) - May 2017
音乐: Show Me How You Burlesque - Christina Aguilera



Intro: 8 counts from the word "Down...." listen to heavy beats beginning of trumpet (INTRO part of dance)
Notes: There is 4 counts Tag after 16 counts on wall 2, restart after 8 counts on wall 4 facing (6:00), 4 count Tag end of wall 8

INTRO: Optional-FULL TURN JAZZ BOX REPEAT THIS PART TWICE (16 COUNTS)

1,2,3,4 Cross RF of LF, Start making $\frac{1}{4}$ turn as you step LF back, complete $\frac{1}{4}$ turns as step RF to R, Step LF fwd
5,6,7,8 Cross RF of LF, Start making $\frac{1}{4}$ turn as you step LF back, complete $\frac{1}{4}$ turns as step RF to R, Step LF fwd

Start of dance

[1-8] 2X R DIAG STEP WITH TOUCH, 2X L DIAG STEP WITH TOUCH, STEP OPEN TOUCH, STEP OPEN TOUCH, HIP FWD BUMP or Roll

1&2& Step RF to diag R, Step LF to RF, Step RF to diag R, Touch LF to RF
3&4& Step LF to diag L, Step RF to LF, Step LF to diag L, Touch RF to LF
5&6& Step RF diag R back, Touch LF to RF, Step LF to L, Touch RF to LF
7&8 Step RF to R, bump hip fwd or Roll hips anti-clock wise for & 8

[9-16] STEP $\frac{1}{2}$ TURN PIVOT X 2, 2X FWD KICKS, 2X SIDE TOUCHES

1,2,3,4 Step RF fwd, make $\frac{1}{2}$ turn pivot L weight on LF x2
5&6&7&8& Kick RF fwd, Step RF to LF, Kick LF fwd, Step LF to RF, Touch RF to R, Step RF next to LF, Touch LF to L, Step LF next to RF

Tag- Just wait 4 counts. You can do anything you want....

[17-24] CHARLESTON FWD & BACK, $\frac{1}{4}$ TURN CHARLESTON FWD & BACK

1,2,3,4 Sweep RF round to touch fwd, Sweep RF round stepping back, Sweep LF round to touch back, Sweep LF round to step fwd.
5,6,7,8 Make a $\frac{1}{4}$ turn L as you Sweep RF round to touch fwd, Sweep RF round stepping back, Sweep LF round to touch back, Sweep LF round to step fwd.

[25-32] JAZZ BOX, OPEN, OPEN, HIP ROLL

1,2,3,4 Step RF across LF, Step LF back, Step RF to R, Step LF fwd
5,6,7,8 Step RF to R, Step LF to L. Hip Roll anti-clockwise count 7-8

Tag: end of wall 8

1,2,3,4 Step RF across LF, Step LF back, Step RF to R, Step LF fwd

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Last Update – 5th Sept 2017