

Ode to Swiss Mountains

COPPER KNOB
STEPPSHEETS

拍数: 112 墙数: 2 级数: High Beginner
编舞者: Esther Baettig - August 2017
音乐: "Lueget vo Berg und Tal", played by Harproli on Blues Harp



After Harmonica intro:

Intro: waltz diagonally forward for 12 counts

Waltz diagonally back for 12 counts.

S1: TWINKLE with 1/4 L turn, TWINKLE

1 – 3 Cross L over R, step R to R, 1/4 turn L (step L to L)

4 – 6 Cross R over L, step L to L, close R to L (09:00)

S2-S4: Repeat S1 3 more times (06:00, 09:00 and back to 12:00)

S5: TWINKLES (12:00)

1 – 3 Cross L over R, step R to R, close L to R

4 – 6 Cross R over L, step L to L, close R to L

S6: WALTZ FORWARD, WALTZ BACK

1 – 3 Step L forward, R to R, close L to R

4 – 6 Step R back, L to L, close R to L

S7-S8: Repeat S5 + S6

S9: Rock back L + R

1 – 3 Rock L back, recover, step L to L

4 – 6 Rock R back, recover, step R to R

S10: WALTZ FORWARD

1 – 3 Step L forward, R to R, close L to R

4 – 6 Step R back, L to L, close R to L

S11-S12: Repeat S9 and S10

S13: R point, 1/4 turn R, L point

1-3 Point R to R (2 beats), turn 1/4 R

4-6 Point L to L (2 beats), close L to R (03:00)

S14: Repeat S13 (06:00)

Ending: After S13 (Wall 3, 12:00)

1-3 R point R (2 beats) and back

4-6 L point L (2 beats) and back

1-3 R toe front (2 beats) and back

4-6 L toe front (2 beats) stay front

No Restart - No Tags - Have Fun !

Contact: rajahoon@gmail.com