

Put A Lid On It Charleston

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Ilona Tessmer-Willis (USA) - September 2017
音乐: Put A Lid On It - Orlando Pops Orchestra : (iTunes, German Google Play)



Originally performed by "Squirrel Nut Zipper" (iTunes, Google Play, Amazon MP3). Like both versions.
Options below for S3* & S7** (mobility or balance issues)

Start on beat 2 – before vocals.

S1: CHARLESTON

1-2 Touch R Forward, Hold
3-4 R Step Back, Hold
5-6 L Touch Back, Hold
7-8 L Step Forward, Hold

S2: CHARLESTON

1-2 Touch R Forward, Hold
3-4 R Step Back, Hold
5-6 L Touch Back, Hold
7-8 L Step Forward, Hold

S3: R FLICK 2X (R HAND TOUCH HEEL), L FLICK 2X (L HAND TOUCH HEEL) (OPTION FOR FLICKS BELOW)

1-4 R Heel Flick Back (Bent Knee Slightly Point Toward L Knee), R Tap, R Flick, R Close
5-8 L Heel Flicks Back (Bent Knee Slightly Point Toward R Knee), L Tap, L Flick, L Close

S4: 1/4 R TURN: JAZZ BOX

1-2 Cross R Over Left, Hold
3-4 1/8 R Turn: Step L Back, Hold
5-6 1/8 R Turn: Step R to Right Side, Hold
7-8 Close L Next to R, Hold

S5: R TOE FAN, STEP FORWARD R L R L

1-2 R Step in Place, R Toe Pivot to Right Side (Turning On Heel)
3-4 R Toe Return to Close, R Toe Pivot to Right Side (Turning on Heel)
5-8 Step Forward R L R L

S6: R TOE FAN, 1/4 R TURN: STEP FORWARD R L R L

1--2 R Step in Place, R Toe Pivot to Right Side (Turning On Heel)
3-4 R Toe Return to Close, R Toe Pivot to Right Side (Turning on Heel)
5-8 1/4 R Turn: Step Forward R L R L

S7: R KICK FORWARD SIDE SIDE R TAP, SHIMMY (OPTION FOR KICKS BELOW)

1-4 R Kick: Forward Side Side, R Tap.
5-8 Shimmy

S8 : 4 BEES KNEES

Bend forward slightly, widen your legs and bend your knees. Place the right hand on the right knee and left hand on left knee. Close knees together and switch hands. Place the right hand on the left knee and vice versa, crossing your hands. As your legs widen, note that your hands will be crossed. Close knees and switch hands back to the original position and open knees.

1-2 Hands on Open Knees: Close Knees & Switch Hands, Open Knees

3-4 Close Knees with Crossed Arms, Knees as Hands Switch to Original position-Open Knees
5-6 Close Knees, Switch Hands, Open Knees
7-8 Close Knees, Switch Hands, Open Knees

***S3 AB option:**

1-4 R Touch Diagonally Back, R Touch next to L, R Touch Diagonally Back, R Close next to L
5-8 L Touch Diagonally Back, L Touch next to R, L Touch Diagonally Back, L Close next to R

****S7 AB option: 1-4 R Touch Forward, Side, Side, Close next to L**

Have fun !

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