

拍数: 96

级数: Phrased Improver

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音乐: Rain (feat. Nicky Jam) - The Script

墙数:2



Intro: 32 count

PART A: 64 counts

AI. SIDE MAMBO R-L, ROCKING CHAIR With HITCH

- 1&2 Step R Side , Recover on L , Step Close R on L
 3&4 Step L Side , Recover on R , Step Close L on R
 5&6& Step R Fwd , Recover on L , Step R back , Recover on L
- 7-8 Step R Fwd , Hitch on L

AII. STEP SIDE FWD, SIDE MAMBO TOUCH, CHASSE 1/2TURN LEFT

- 1&2 Step L to side, Step R close L, Step L forward
- 3&4 Step R to side, Recover on L, Touch R beside L
- 5&6 Step R to side, Close L to R, Turn 1/4 left step R back
- 7&8 Step L to side, Close R to L, Turn 1/4 left step L Fwd

AIII. SIDE MAMBO CROSS, 1/4 TURN LEFT BACK LOCK SHUFFLE, 1/2 TURN RIGHT, STEP MAMBO FORWARD

- 1&2 Step R Side, Recover on L, Cross R over L
- 3&4 1/4 Turn left Step L back, Step R lock behind L, Step L back
- 5-6 1/2 Turn right Step R Fwd, 1/2 Turn right Step L back
- 7&8 Step R back, Recover on L, Step R Fwd

AIV. STEP ROCK FORWARD, TRIPLE STEP 3/4 TURN LEFT, DRAG, STEP SIDE FORWARD

- 1-2 Step L Fwd, Recover on R
- 3&4 3/4 Turn Left Step L back, Close R to L, Step L Fwd
- 5-6 Drag R to side, Step L toward to R
- 7&8 Step L to side, Close R to L, Step L Fwd

AV. STEP DIAGONAL FORWARD R-L, PADDLE 1/2 TURN LEFT

- 1-2 Step R diagonal right Fwd, Drag L to R
- 3-4 Step L diagonal left Fwd, Drag R to L
- 5678 Paddle 1/2 Turn left, Close R to L (8)

AVI. STEP DIAGONAL FORWARD L-R, PADDLE TURN 1/2 RIGHT

- 1-2 Step L diagonal left Fwd, Drag R to L
- 3-4 Step R diagonal right Fwd, Drag L to R
- 5678 Paddle 1/2 Turn right, Close L to R

AVII. SYNCOPATED WEAVE R-L WITH BOTAFOGO

- 1&2& Cross R over L, Step L side, Step R behind L, Step L side
- 3&4 Cross R over L, Step L slightly side left, Step R in place
- 5&6& Cross L over R, Step R side, Step L behind R, Step R side
- 7&8 Cross L over R, Step R slightly side right, Step L in place

AVIII. 2x BOTAFOGO, JAZZ BOX FWD

- 1&2 Cross R over L, Step L to side, Recover on R
- 3&4 Cross L over R, Step R to side, Recover on L
- 5678 Cross R over L, Step L back, Step R to side, Step L Fwd

PART B: 32 counts

BI. SKATE R-L, CHASSE STEP, STEP TOUCH, REVERSE

1&2& Step R to side, Touch L to R, Step L to side, Touch R to L

(styling : 1&-Make a fist with right hand and pull to your shoulder with elbow down, Make a fist on left hand and swing it to side as high as your hip. 2&-do the same with the opposite arm)

3&4& Step R to side, Close L to R, Step R to side, Touch L to R

(styling : Make Right fist face down below your chin with elbow straight to side with your fist, while left arm up along your left shoulder)

5&6& Step L to side, Touch R to L, Step R to side, Touch L to R

(styling : 1&-Make a fist with left hand and pull to your shoulder with elbow down, Make a fist on right hand and swing it to side as high as your hip. 2&-do the same with the opposite arm)

7&8& Step L to side, Close R to L, Step L to side, Touch R to L

(styling : Make left fist face down below your chin with elbow straight to side with your fist, while right arm up along your right shoulder)

BII. TURN 1/2 LEFT FORWARD, TURN 1/2 RIGHT FORWARD, OUT OUT, COASTER STEP

- 1&2 Step R forward, Turn 1/2 left step L forward, Step R forward (06.00)
- 3&4 Step L forward, Turn 1/2 right step R forward, Step L forward (12.00)
- 5-6 Step out on R, Step Out on L

(Styling: 5-Open right hand straight up, 6-Open left hand straight up)

7&8 Step R back, Close L to R, Step R forward (12.00)

BIII. HALF DIAMOND STEP, TURN 3/4 PADDLE TOUCH WITH SWIVEL

- 1&2& Cross L over R, Step R to side, Cross L back, Hitch on R (10.30)
- 3&4 Step R back, Step L to side, Cross R forward. (7.30)
- 5&6& Turn 1/8 right touch L forward swivel toe out in weight in on L (09.00), Recover on R, Turn 1/4 right touch L forward swivel toe out in weight in on L (12.00), Recover on R
- 7&8 Turn 1/4 right touch L forward swivel toe out in weight in on L(03.00), Recover on R, Turn 1/4 right step L forward (06.00)

BIV. SAMBA WHISK R,L, WALK R, L, PRESS FWD, RECOVER, OUT OUT

- 1-2& Step R to side, Cross L back, Recover on R
- 3-4& Step L to side, Cross R back, Recover on L
- 5-6& Step R forward, Step L forward, Press R toe forward swivel heel out
- 7&8 Recover on L, Step R to side, Step L to side

Restart at Part A : on Wall 3 & 4 after 32 count

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