From The Ground Up Baby

拍数: 24	**墙数:** 4	**级数:** Beginner waltz
编舞者: Linn Trehag (NOR) - September 2017		
音乐: From the Ground Up - Dan + Shay		

Restart: 18th wall after 12 counts facing 9.00

(1-6) Walk forward x2

1,2,3	Walk forward L
4,5,6	Walk forward R

(7-12) Rock step, walk back x2,drag

1,2,3	Rock forward on L, recover on R, step back on L
4,5,6	Step back on R, drag L beside R over 2 counts

Restart in wall 18

(13-18) Long step, drag x2

1,2,3	Long step L to L, drag R beside L over 2 counts
4,5,6	Long step R to R drag L beside R over 2 counts

(19-24) 1/4 turn L , Sweep, jazzbox

1,2,3 1	/4 turn L stepping L forward, sweep R from back over 2 counts
4,5,6	Cross R over L, step L back, step R beside L

Restart in wall 18, start again aften 12 counts

End the dance with:

1,2,3	Walk forward L
4,5,6	Walk forward R
7,8,9	1/4 turn L stepping L forward, sweep R from back over 2 counts

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