All American Girl



编舞者: Frank Heelan (IRE) - September 2017 音乐: All-American Girl - Carrie Underwood



Sec. 1 Rock step, coaster step, Pivot ½, cross shuffle.

1-2	Rock forward right, recove	~ I ~ £4
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3&4 Back right, left together, forward right.

5-6 Forward left, pivot ½ right.

7&8 Cross left over right, right to right, cross left over right. (6.00)

Sec.2 Side rock. recover, behind, side, cross, side rock, recover, step.

1-2 Rock right to right, recover to left.
3-4 Step right behind, left to left.
5-6 Cross right over left, rock left to left.
7-8 Recover to right, step forward left. (6.00)

Sec. 3 Rock recover, shuffle ½ turn, shuffle ½ turn, rock recover.

1-2 Rock forward right, recover to left.

Turn ¼ right, right to right, left together, ¼ right step forward right.
 Turn ¼ right step left to left. right together, ¼ right step back on left

7-8 Rock back right, recover to left. (6.00)

Sec 4 Chasse right, rock back recover, turn 1/4, turn 1/2, shuffle forward.

1&2 Step right to right, left together, right to right.

3-4 Rock back left, recover to right.

5-6 turn ¼ right, step back left, turn ½ right step forward right.

7&8 Step forward left, right together, forward left.

Restart: Wall 5 dance first 16 counts then restart facing 6.00.

Tag: End of wall 10 there is a 4 count Tag.

1-4 Rock right forward recover to left. Rock right back recover to left facing 9.00.

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