

Love and Lucky

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Wil Bos (NL) & Sebastiaan Holtland (NL) - September 2017
音乐: What Lovers Do (feat. SZA) - Maroon 5 : (Single - iTunes & other mp3 sites)



Introduction: Start on the words Say, Say, Say, start on approx 09 sec.

Sequences: A, A, B, A, A, B, A, A, B 16, Tag, B, B ending.

Pattern A: 32 counts.

A 1. [1-8] Syncopated Rocks Fwd & Side, Together, Point L, Together, Scuff R with ¼ Turn L, Heels & Toe Swivels To L, Knee Lift R.

1&2& Step R forward, Recover back on L, Step R to R, Recover back on L.
3&4 Step R beside L, Point L out to L, Step L beside R.
5,6 Scuff R forward, Make ¼ turn L (9.00) step R back in place.
7&8 Swivel both heels L, Swivel both toes L, Taking weight on L and lift R knee up.

A 2. [9-16] Syncopated Side Rocks & Cross R, L, Step, Recover, ½ Turn L, Step, Continue a ½ Turn L with Sweep L, Replace.

1&2 Step R to R, Recover back on L, Step R across L slightly forward.
&3,4 Step L to L, Recover back on R, Step L forward.
5,6 Recover back on R, Make ½ turn L (3.00) step L forward.
7,8 Continue a ½ turn L (9.00) step R back and sweep L from front to back, Step L back in place.

A 3. [17-24] Pony Steps R, L, Coaster Step, Step Lock Step L.

1&2 Step R behind L while hitching L, Recover back on L, Step R behind L while hitching L.
3&4 Step L behind R while hitching R, Recover back on R, Step L behind R while hitching R.
5&6 Step R back, Step L beside R, Step R forward.
7&8 Step L forward, Lock R behind L, Step L forward.

A 4. [25-32] ¼ Pivot Turn L, Together, Chasse L, Sailor Step R, Behind, Side, Step.

1,2 Step R forward, Pivot turn ¼ L (6.00) over L take weight on L.
& Step R beside L.
3&4 Step L to L, Step R beside L, Step L to L.
5&6 Step R behind L, Step L to L, Step R to R.
7&8 Step L behind R, Step R to R, Step L forward.

Pattern B: 32 counts.

B 1. [1-8] Modified Jazz Box with Touch L Fwd, Side/Dip with ¼ Turn R, Point R, Back/Dip with ¼ Turn L, Touch L.

1,4 Step R across L, Make ¼ Turn R (3) step L to L, Step R back, Touch L forward.
5,6 Make ¼ turn R (6) step L to L and dip down, Point R to R.
7,8 Make ¼ turn L (3) step R back and dip down, Touch L beside R.

(NB: Optional: Above steps 5-8 Down Up: Shoulder Movements Up & Down).

B 2. [9-16] Press, Sweep L, Behind, Side, Press, Sweep L, Sailor Step with ¼ Turn L/Knee Lift R

1,2 Press step L forward, Recover back onto L and sweep L from front to back.
3&4 Step L behind R, Step R, Press R forward.
5 Recover back on L and sweep L from front to back.
6&7 Step L behind R, Make ¼ turn L (12) stepping R to R, Small step forward on L.
8 Lift R knee up.

(NB: 4 Tag here after 16 counts of part B, after start again (Facing 12 o'clock) (See above Sequences).

B 3. [17-24] 2x Syncopated Hip Bumps Fwd & Replaces R, L, 2x ¼ Paddle Turns L, Cross & Heel.

1&2 Point R forward and push R hip forward, Hip back to centre, Step R back in place.
3&4 Point L forward and push L hip forward, Hip back to centre, Step L back in place.
5,6 Make ¼ turn L (9)and point R out to R, Continue a ¼ turn L(6)and point R out to R.
7&8 Step R across L, Touch R heel diagonal forward.

B IV. [25-32] 2x Syncopated Hip Bumps R, L, R Coaster Step, ½ Pivot Turn R, Step.

1&2 Step R back in place and bump R hip to R, Hip back to centre, Bump R hip to R.
3&4 Step L back in place and bump L hip to L, Hip back to centre, Bump L hip to L.
Arm styling: 1,4 Roll your fists around each other towards your body (chest level)
5&6 Step R back, Step L beside R, Step R forward.
7&8 Step L forward, Pivot ½ turn R (12)over R, Step L forward.

TAG:

[1-4] Side Lunge, Hold, Replace, Small Drag, Touch.

1,2 Lunge R to R, Hold.
&3,4 Recover back on L, Drag R together L, Touch R beside L.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: info@wbos.nl/ smoothdancer79@hotmail.com –
Website: www.wbos.nl/ www.dancewithsebastiaan.jouwweb.nl
