It's A Bit Racy!

拍数: 32

级数: Beginner

编舞者: Gordon Timms (UK) & Glenys Timms (UK) - August 2017

音乐: The Race Is On - Sawyer Brown

Musical intro 16 counts.

Feet together...weight is on the Left. Take small steps please!

SECTION 1: Toe Fans x 2 - (To the Right then to the Left)

- 1 2 Fan Right Foot out to Right side, Fan Right Foot Back in place
- 3 4 Fan Right Foot out to Right side, Fan Right Foot Back in place.
- 5 6 Fan Left Foot out to Left side, Fan Left Foot Back in place.
- 7 8 Fan Left Foot out to Left side, Fan Left Foot Back in place ... (Weight on Left) 12.00

SECTION 2: Lock Steps and Brush x2 (To the Right then to the Left)

- 1 2 Step forward on the Right Foot, Lock Left foot behind Right.
- 3 4 Step[forward on the Right Foot, Brush Left foot past Right... (Weight on Right)
- 5 6 Step Forward on the Left Foot, Lock Right behind Left.
- 7 8 Step Forward on the Left Foot, Brush Right foot past Left... (Weight on Left) 12.00

SECTION 3: Rocking Chair steps. Two Paddle Turns to the Left.

- 1 2 Rock forward on the Right foot, Recover weight on to the Left.
- 3 4 Rock back on to the Right foot, Recover weight on to the Left
- 5 6 Step forward on the Right foot, pivot turn 1/4 turn Left. Keep weight on LEFT. (9.00)
- 7 8 Step forward on the Right foot, pivot turn ¼ turn Left. Keep weight on LEFT. (6.00)

SECTION 4: Jazz Box, and a Quarter Monterey Turn.

- 1 2 Cross Right foot over the Left foot, Step slightly back on the Left Foot.
- 3 4 Step Right foot slightly to the Right, Step Left Foot next to Right.
- 5 6 Point Right Toe to Right side, Make a ¼ Turn Right on the ball of Left, Step Right together.
- 7 8 Point Left foot To Left side, Step Left next to Right. (Weight on Left) 9.00

There is a 4 Count 'bridge' at the 6.00 and 12.00 wall = all the way through... basically it's every 2 walls! Dance: Right Step Forward, Left Step Forward, Right Step Backward, Left Step Backward.

FINISH: As the music finishes do the 'toe fans' and then step forward on the right, rock & turn 1/2 right.

ENJOY THE DANCE!

Line Dance with Gordon & Glenvs (UK) Home: 01793 490697 Mobile: 07787 383059 Website: http://www.stardustdance.co.uk E-Mail: stardust-dance@talktalk.net

Choreographed for the Dawlish Weekend - September 2017. Theme "A day at the Races"





墙数:4