Seein' Red

COPPER KNOB

拍数:24

墙数:4

级数: Beginner

编舞者: Conrad Farnham (USA) & Christine Douthitt - September 2017

音乐: Seein' Red - Dustin Lynch

HIP BUMPS X 2, MONTEREY ¼ TURN

- 1-4 Step right toe forward and bump hips twice to the right, step left toe forward bumps hips twice to the left
- 5-8 Point right toe to right, keeping weight on left quarter turn right, weight goes to right, point left toe to left, bring left together

OUT, OUT, IN, IN, MONTEREY ¼ TURN

- 1-4 Step right forward and out right, step left forward and out left, step right back to center, step left back to center
- 5-8 Point right toe to right, keeping weight on left quarter turn right, weight goes to right, point left toe to left, bring left together

LINDY RIGHT, ROCK, RECOVER, LINDY LEFT, ROCK ¼ RIGHT, RECOVER

- 1&2,3,4 Step right to right side, step left next to right, step right to right side, rock back on left, recover on right
- 5&6,7,8 Step left to left side, step right next to left, step left to left side, ¼ turn to the right, rock back on right, recover on left

Begin again

No Tags, No Restarts

