Feels Like CPKS



拍数: 32 墙数: 4 级数: Low Intermediate

编舞者: Lindy Bowers (USA) & Larry Bass (USA) - September 2017

音乐: Feels (feat. Pharrell Williams, Katy Perry & Big Sean) - Calvin Harris



(Start on vocals 32 counts after big beat)

KICK OUT, OUT, IN, CROSS, STEP SIDE; LEFT SAILOR STEP, BEHIND, TURN, FORWARD

1& Kick R forward, Step R to right

2&3 Step L to left, Step R to center, Step L across R

4 Step R to right 5&6 Left sailor step

7&8 Step R behind L, Turn ¼ turn left and step L forward (9:00), Step R forward

STEP, TAP, STEP, HOOK, LOCK STEP FWD, OUT, OUT, HEELS TOES HEELS

1&2& Step L forward, Tap R toe behind L, step on R, Hook or touch L in front of R

3&4 Step forward L, lock R behind, step L forward

5-6 Step R to right, step L to left (out-out)7&8 Bring feet together with heels, toes, heels

SYNCOPATED ROCKING CHAIR, STEP TWIST, TWIST COASTER STEP, SIDE ROCK CROSS

1& Rock R forward, Recover back to L2& Rock R back, Recover forward to L

3&4 Step R forward, Twist heels right, Twist heels to center

5&6 Step R back, Step L beside R, Step R forward7&8 Rock L to left, Recover right to R, Step L across R

1/4 TURN R, 1/4 TURN R, SAILOR STEP, LOCK STEP, MAMBO FWD, TOUCH R

1-2 Step R into ¼ turn R (12:00), Step L into ¼ turn R (3:00)

3&4 Step R behind L, Step L to left, Step R to right

&5 Lock L behind R, Step R forward

6&7 Rock L forward, Recover back to R, Step L beside R

8 Touch R beside L

Begin Again

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