

Reggaeton Lento

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2017
音乐: Reggaetón Lento (Remix) - CNCO & Little Mix



Start After Flamenco Guitar Intro And The Words "Boy I Can". First Step Coincides With Next Word: "See"
(Approx: 10 Secs) – 94bpm – 3mins 08secs
Music Available: Amazon - No Tags Or Restarts

[1-8] Funky Feet Apart L/R (With Hip Pushes), L Back, Turning 1/8th L, R Back, Turning 1/8th L, L Side, R Fwd With ¼ R & L Flick, L Cross Step, R Side, L Tog, R Side, L Tog

- 1-3 Step L Forward And Out Pushing Hip Out, Step R Out Pushing Hip Out (Funky Hips □), Step L Back
- 4&5 Turning 1/8 Left Step R Back (11 O'clock), Turning 1/8th Left Step L To Left Side (9 O'clock), Step R Forward Flicking Left Behind As You Turn ¼ Right (12 O'clock)
- 6-7& Cross Step L Over R, Step R Side, Step L Together
- 8& Step R Side, Step L Together

[9-16] R Side, L Cross Rock/Recover, L Side, R Cross Step, L Side, R Rock Back With Knee Pop/ Recover, R Forward Shuffle

- 1-2& Step R Side, Cross Rock L Over R, Recover Weight On R
- 3&4 Step L Side, Cross Step R Over L, Step L Side
- 5-6 Rock R Back Popping Left Knee Up, Recover Weight On L
- 7&8 Step R Forward, Step L Together, Step R Forward

[17-24] ¼ R & L Hip Bump, ¼ R & R Fwd Hip Bump, ¼ R & L Hip Bump, ¼ R Toaster, L Fwd, R Fwd, ½ L Pivot, ¼ L & R Side

- 1-3 Turning ¼ Right Step L Out Bumping L Hip, Turning ¼ Right Step R Forward Bumping Hip Forward, Turning ¼ Right Step L Out And Bump Hips L (9 O'clock)
- 4&5 Turning ¼ Right Step R Back, Step L Together, Step R Forward (12 O'clock)
- 6-7&8 Step L Forward, Step R Forward, Pivot ½ Left, Turning ¼ Left Step R Side (3 O'clock)

[25-32] L Samba, R Samba, L Fwd Chase Turn, L Full Turn Fwd (Or R/L/R Fwd), R Fwd

- 1&2 Cross Step L Over R, Rock R Side, Recover Weight On L
- 3&4 Cross Step R Over L, Rock L Side, Recover Weight On R
- 5&6 Step L Forward, Pivot ½ Right, Step L Forward (Extended 5th) (9 O'clock)
- 7&8 Turning ½ Left Step R Back, Turning ½ Left Step L Forward, Step R Forward (9 O'clock)

Non Turning Option: R/L/R Forward

END: During Wall 9, Facing Front Wall, Dance First 16 Counts. To End Simply Step L Forward And Hold.

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Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P