

Equal Love

COPPER KNOB
STEPPERS

拍数: 32

墙数: 2

级数: Intermediate - Smooth Rolling
Count

编舞者: Simon Ward (AUS) & Niels Poulsen (DK) - October 2017

音乐: Not Too Late - Ricki-Lee : (iTunes, Amazon, etc)



Intro: 16 counts from first beat in music (app. 17 secs into track). Start with weight on L foot

****2 Restarts:**

-1st happens on wall 1 (starts at 12:00), after 24 counts, facing 12:00.

-2nd happens on wall 5 (starts at 6:00), after 14 counts, facing 6:00.

[1 – 8] Out RL, rock R fwd, 1/8 R back basic, run ½ L, basic back, L fwd, shoulders/kick

1 – 2 Step R diagonally out R dragging L towards R (1), step L diagonally out L dragging R towards L (2) ... 12:00

Optional arms during chorus: R arm goes out R with palm facing the audience (1), repeat with L arm (keeping both hands open) (2)

3 – 4 Rock R fwd dragging L towards R (3), recover back on L dragging R next to L (4) ... 12:00

Optional arms during chorus: bring both arms down to hips and then up and next to your ears! (3), extend hands forward pointing both index fingers forward (4)

5&a Turn 1/8 R stepping back on R (5), step L next to R (&), change weight to R (a) 1:30

6&a Step L fwd (6), turn ½ L stepping R back (&), step back on L (a) 7:30

7&a Step back on R (7), step L next to R (&), change weight to R (a) 7:30

8&a Step L fwd (8), kick R to R side popping R shoulder down/L up (&), pop L shoulder down/R up (a) 7:30

[9 – 16] Weave, side rock, roll 1 ¼ R, 1/8 L sweep, R&L back twinkles, R step lock step fwd

1&a2 Cross R over L (1), step L to L side (&), cross R behind L (a), rock L to L side (2) 7:30

3a4 – 5 Recover onto R turning ¼ R (3), turn ½ R stepping back on L (a), turn ½ R stepping R fwd and sweeping L fwd (4), turn 1/8 L stepping L fwd sweeping R fwd (5) 9:00

6&a Cross R over L (6), step L back and out L (&), step R back and out R (a) ... 9:00

**** 2nd Restart happens after counts 6&, see bottom of page for explanation**

7&a Cross L over R (7), step R back and out R (&), step L back and out L (a) 9:00

8&a Step R fwd (8), lock L behind R (&), step R fwd (a) 9:00

[17 – 24] Step turn turn, full turn R, behind side cross kick, side back rock X 2, 1 ¼ R

1a2 Step L fwd (1), turn ½ R stepping fwd onto R (a), turn ½ R stepping back on L (2) 9:00

a3 Turn ½ R stepping fwd onto R (a), turn ½ R stepping back on L sweeping R to R side (3) 9:00

4&a5 Cross R behind L (4), step L to L side (&), cross R over L (a), step L to L side cross kicking R over L (5) 9:00

6&a Step R to R side (6), rock back on L (&), recover onto R (a) 9:00

7&a Step L to L side (7), rock back on R (&), recover onto L (a) 9:00

8a Turn ¼ R stepping fwd onto R (8), turn ½ R stepping back on L but continuing to turn ½ R on L (a) 12:00

*** 1st Restart here on wall 1, facing 12:00**

[25 – 32] Fwd R sweep, cross, run back RLR, ball ¼ R, L twinkle, weave, behind ¼ R, fwd L

1 Step R fwd sweeping L fwd (1) 12:00

2&a3 Cross L over R (2), step R back (&), step L back (a), step R back sliding L next to R (3) 12:00

a4 Step L back (a), turn ¼ R stepping R to R side (4) 3:00

5&a Cross L over R (5), rock R to R side (6), recover onto L (a) 3:00

6a7 Cross R over L (6), step L to L side (a), cross R behind L sweeping L out to L side (7) 3:00

8&a Cross L behind R (8), turn ¼ R stepping R fwd (&), step L fwd (a) 6:00

Begin again

Ending : Wall 7 is your last wall. Do up to count 14. On count 15 turn ¼ R to face 12:00 again □ 12:00

*** Restart no. 2: On wall 5 (starts facing 6:00) you have your 2nd Restart.**

Do up to count 14&, weight should be on your L foot. Now, turn ¼ R to Restart your dance again facing 6:00

Contacts:-

Simon Ward : bellychops@hotmail.com

Niels Poulsen : nielsbp@gmail.com
