

Six Pack Kick Back

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: John Robinson (USA) & Derek Steele (USA) - October 2017
音乐: Drink Drank Drunk - Drew Jacobs : (iTunes, Amazon.com, Amazon.co.uk, Amazon.de)



Intro: 32 counts (begin with verse)

Restarts: After 24 counts during 2nd and 6th repetitions; after 16 counts during 4th repetition. All restarts are done facing 12:00.

HEEL-BALL-STEP, OUT-OUT-IN-IN, 1/4 LEFT, CROSS & HEEL

1&2 Tap R heel forward (1), Step ball of R beside L (&), Step L forward (2)
&3&4 Step R side right (&), Step L side left (3), Step R home (&), Step L home (4)
5,6 Step R forward (5), Turn 1/4 left (9:00) shifting weight L (6)
7&8 Step R across L (7), Step L slightly back (&), Tap R heel forward to right diagonal (8)

'&' CROSS, SIDE, SAILOR STEP w/HEEL, & CROSSING TRIPLE, TOUCH OUT, TURN 1/4 LEFT

&1,2 Step R slightly back (&), Step L across R (1), Step R side right (2)
3&4 Step L behind R (3), Step R side right (&), Tap L heel forward to left diagonal (4)
&5&6 Step L home (&), Step R across L (5), Step L side left (&), Step R across L (6)
7,8 Touch L side left (7), Turn 1/4 left (6:00) stepping L beside R (8)

*Restart here during 4th repetition

STOMP, HOLD, STOMP, HOLD, OUT-OUT, HOLD, HIP ROLL (OR SHAKE)

1,2 Stomp R forward (1), Hold (2)
3,4 Stomp L forward (3), Hold (4)
&5,6 Step R side right (&), Step L side left (5), Hold (6)
7,8 Slowly roll hips clockwise or counter-clockwise from R to L (7,8)

Alternate move for 7,8: Match the drums in the music by shaking hips quickly (weight ending L) just before the Restarts during repetitions 2 and 6

*Restart here during 2nd and 6th repetitions

ROCK FORWARD, RECOVER, TRIPLES TURNING 360° RIGHT WHILE TRAVELING BACK, ROCK BACK, RECOVER

1,2 Rock R forward (1), Recover L (2)
3&4 Turn 1/2 right (12:00) stepping R forward (3), Step L beside R (&), Step R forward (4)
5&6 Turn 1/2 right (6:00) stepping L back (5), Step R beside L (&), Step L back (6)
7,8 Rock R back (7), Recover L (8)

Debuted at the Fall In Line Workshop at Backroads Saloon in Marshall, Michigan, on September 9, 2017.
Thanks very much to Colleen Ziegler for naming the dance!

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