Lonely Drummer (P)

级数: Improver Partner /Circle Dance

编舞者: Barb Monroe (USA) & Dave Monroe (USA) - September 2017

音乐: Lonely Drum - Aaron Goodvin

Position: Side By Side in Cape Position

拍数: 32

Intro: 40 Count

STOMP, BOUNCE 3X, TOE-HEEL-STOMP 2X

- 1-4 Stomp R forward, Tap R heel 3X (weight on R)
- 5&6 Touch L toe in place, touch L heel in place, stomp L forward
- 7&8 Touch R toe in place, touch R heel in place, stomp R forward

PIVOT TURN, CROSS SHUFFLE, HIP BUMPS 4X

- 1,2 Step L forward, pivot 1/4 turn R facing OLOD (weight on R)
- 3&4 Cross step L over R, step R to R side, cross step L over R
- 5-8 Step R to side bumping hips R,L,R,L (weight on L)

HEEL & HEEL & STEP TURN, HEEL & HEEL & WALK, WALK

- 1& Touch R heel forward, step R together
- 2& Touch L heel forward, step L together
- 3,4 Step R forward, pivot 1/4 turn L facing FLOD (weight on L)
- 5& Touch R heel forward, step R together
- 6& Touch L heel forward, step L together
- 7,8 Walk forward R,L

PIVOT TURN 2X, STEP DRAG 2X

- 1-2 Step R forward, pivot 1/2 turn L facing RLOD (weight on L)
- 3-4 Step R forward, pivot 1/2 turn L facing FLOD (weight on L)
- 5-6 Step R forward on diagonal with a big step, drag L toe next to R
- 7-8 Step L forward on diagonal with a big step, drag R toe next to L

BEGIN AGAIN!

Note: Optional BONUS steps at the end of the 3rd repetition

- (only if you want to stay in sync with the line dancers):
- 1,2 Rock R forward, replace weight back onto L
- 3&4 Shuffle back R-L-R
- 5,6 Rock L back, replace weight forward onto R
- 7&8 Shuffle L forward L-R-L

Choreographer info: Barb (barbboogie17@gmal.com) Dave (poconocowboy@yahoo.com) Site: (www.poconocowboy.com)





墙数:0