Waist Line

拍数: 32

级数: Advanced



音乐: Waist Line - Qq & Salty



Music Available on iTunes.

(16 count intro / Start on Vocals)

[S1] Side Mambo, Together, Step Pivot 1/2L, Mambo Fwd, Mambo Back, Fwd

- 1&2 Rock R to right side, Recover weight on L, Step R next to L
- &34 Step L in place (together), Step R fwd, Make a 1/2 turn left weight recover on R
- 5&6 Rock R fwd, Recover weight on L, Step R next to L
- &7 Rock L back, Recover weight on R
- 88 Step L next to R, Step R fwd (6:00)

[S2] 1/4R Side Point (Out In Out), & (Together), Side Point, Hold (Look L), Click, Rock Fwd-Recover, 1/2R Fwd, 1/2R Back, Together, R Swivel

- Make a 1/4 turn right point L to left side, Touch L next to R, Point L to left side 1&2
- &3 Step L next to R, Point R to right side
- &4 Turn your face to the right (or just hold), Click fingers
- 5& Rock R fwd, Recover weight on L
- Make a 1/2 turn right stepping fwd on R, Make a 1/2 turn right stepping back on L 6&
- 7&8 Step R next to L, Swivel right, Recover to the centre (9:00)

[S3] Step Pivot 1/4R, Cross Shuffle, Heel Grind, Touch Behind, Syncopated Weave L, Side, Hop 1/4R, Together

- 1& Step L fwd, Make a 1/4 turn right weight recover on R
- 2&3 Cross L over R, Step R to right side, Cross L over R
- (Weight on R) Dig R heel onto the floor, (Weight on R) R toe fan-out and touch L behind R -&4 Travelling to the right side
- 5& Step L to left side, Step R behind L
- 6& Step L to left side, Cross R over L
- 7&8 Step L to left side, Make a 1/4 turn right and hop on L, Step R together (3:00)

[S4] Walk-Walk, 2x Heel Twist, Back, 1/2L Fwd, 1/2L Back, Together, R Swivel

- 123 Step L fwd, Step R fwd, Step L fwd (9:00)
- &4 Twist heels to the right side. Twist back to the center
- 56 Step R back, Make a 1/2 turn left stepping fwd on L
- &7 Make a 1/2 turn left stepping back on R, Step L together
- &8 Swivel right, Recover to the centre (3:00)

No Tag No Restart!!

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 24/Oct/17)