Anak (Child)

拍数: 48

级数: Phrased Easy Intermediate

编舞者: Jennifer Jou (TW) - November 2017

音乐: Anak - Freddie Aguilar

Intro: 38 counts - Sequence: A/Tag/A/Tag/B/A/Tag/A/Tag/A/Tag/A/Tag/B/Endind

Part A: 16 counts

Sec A1: NIGHT CLUB STEPS, RUMBA BOX BACK

Big step RF to R,hold,step LF behind RF,recover on RF
Big step LF to L,step RF behind LF.recover on LF
Step RF to R,step LF together,step RF back
Step LF to L,step RF together,step LF forward

Sec A2: WEAVE L SWEEP, WEAVE R, SWEEP, CROSS SHUFFLE, 1/4 R FLICK, SHUFFLE FORWARD

- 1&2& Cross RF over LF, step LF to L, cross RF behind LF, sweep LF to back
- 3&4 Cross LF behind RF,step RF to R,cross LF over RF,sweep RF to front
- 5&6& Cross RF over LF, step LF to L, cross RF over LF, 1/4 turn R flick LF
- 7&8 Step LF forward, cross LF behind RF, step LF forward

Part B: 32 counts

Sec B1: CROSS, SIDE, BEHIND, SIDE, 1/4 L FORWARD, 1/2 L IN PLACE, 1/4 L SIDE, SLIDE, CROSS, SIDE, BEHIND, SIDE, 1/4 R FORWARD. 1/2 R IN PLACE, 1/4 R SIDE, SLIDE

- 1&2& Cross RF over LF, step LF to L, cross RF behind LF, step LF to L
- 3&4 1/4 turn L step RF forward,1/2 turn L weight on LF,1/4 turn L step RF to R,slide LF towards RF
- 5&6& Cross LF over RF,step RF to R,cross LF behind RF,step RF to R
- 7&8 1/4 tun R step LF forward,1/2 turn R weight on RF,1/4 turn R step LF to L,slide RF towards LF

Sec B2: ROCKING CHAIR, SHUFFLE FORWARD, 1/2 R FLICK, ROCKING CHAIR, JAZZ BOX 1/4 L

- 1&2& Rock RF forward, recover on LF, rock RF back, recover on LF
- 3&4 Shuffle forward By RLR,while 1/2 turn R LF flick
- 5&6& Rock LF forward, recover on RF, rock LF back, recover on RF
- 7&8 Cross LF over RF,1/4 turn L steo RF back,step LF to L

Sec B3: CROSS SAMBA R,CROSS SHUFFLE,1/4 L BACK,1/4 L SIDE,CROSS,SCISSORS L

- 1&2 Cross RF over LF,step LF to L,step RF to R
- 3&4 Cross LF over RF,step RF to R,cross LF over RF
- 5&6 1/4 turn L step RF back,1/4 turn L step LF to L,cross RF over LF
- 7&8 Step LF to L,step RF together,cross LF over RF

Sec B4: ROCK R,ROCK L,FORWARD,ROCK L,ROCK R,FORWARD,ROCK FORWARD,RECOVER,1/2 R FORWARD,SHUFFLE FORWARD

- 1&2 Rock RF to R,recover on LF,step RF forward
- 3&4 Rock LF to L,recover on RF,step LF forward
- 5&6 Rock RF forward,recover on LF,1/2 turn R step RF forward
- 7&8 Step LF forward,cross LF behind RF,step LF forward

Tag: 4 counts

- 1&2 Rock RF to R,recover on LF,step RF together
- 3&4 Rock LF to L,recover on RF,step LF together





墙数: 0

Ending:Repeat sec 4 of Part B

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