Fields of Gold

拍数: 40

级数: Beginner

编舞者: Val Saari (CAN) - November 2017

音乐: Fields of Gold - Sting : (Album: Ten Summoner's Tales - iTunes)

S1: STEP, LOCK, STEP, SCUFF x 2

- 1,2,3,4 Step RF forward, Lock LF behind R, Step RF forward, Scuff LF
- 5,6,7,8 Step LF forward, Lock RF behind L, Step LF forward, Scuff RF

S2: ROCKING CHAIR, ROCKING CHAIR 1/4 PIVOT RIGHT

- Rock RF forward, Recover on LF, Rock RF back, Recover on LF 1,2,3,4
- 5,6,7,8 Rock RF forward and pivot 1/4 right, Recover on LF, Rock RF back, Recover on LF

S3: SIDE SHUFFLE RIGHT WITH A ROCK, RECOVER, WEAVE LEFT

- 1&2 Shuffle right (right-left-right)
- 3,4 Rock back on LF, Recover on RF
- 5,6,7,8 Step LF to side, Step RF behind LF, Step LF to side, Step RF across LF

S4: SIDE SHUFFLE LEFT WITH A ROCK, RECOVER, STEP 1/4 PIVOT LEFT, KICK, STEP, KICK

- 1&2 Shuffle left (left-right-left)
- 3.4 Rock back on RF, Recover on LF
- 5,6,7,8 Step forward RF Pivot 1/4 Left, Kick LF, Step back LF, Kick RF

S5: SIDE TOUCHES RIGHT, LEFT x 2

1,2,3,4 Step RF to side, Touch LF together with right, Step LF to side, Touch RF together with left 5,6,7,8 Step RF to side, Touch LF together with right, Step LF to side, Touch RF together with left

No Repeats or Restarts

Contact: valeriesaari@icloud.com

Last Update - 7th Nov. 2017





墙数:1