

Just For Kicks

COPPER KNOB
STEPPERS

拍数: 80 墙数: 0 级数: Phrased Novice / Intermediate
编舞者: Todd Lescarbeau (USA) - November 2017
音乐: Feel It Still - Portugal. The Man



Dance Sequence : A, BB, A, BB, AA, CC, BBB

This is a fun little line dance that you can do either in lines facing forward, or as a contra dance!

Section A (32 counts)

A[1 – 8] Diagonal Steps, Claps

- 1, 2 Step forward on diagonal R with R. Touch L beside R with Clap
- 3, 4 Step L back on diagonal L with L. Touch R beside L with Clap
- 5, 6 Step back on diagonal R with R. Touch L beside R with Clap
- 7, 8 Step forward on diagonal L with L. Touch R beside L with Clap

A[9 –16] Grapevine Right, Brush, Grapevine Left with ¼ Turn L, Brush

- 1,2,3,4 Step R foot to R, L steps behind R, R steps to R, Brush L foot forward
- 5,6,7,8 Step L foot to L, R step behind L, Step to side L as you turn ¼ Left, Brush R foot forward

A[17 – 24] Jazz Box Crossing R, Brush, Jazz Box Crossing L, Together.

- 1,2,3,4 Cross step R over L, Step Back on L, Step side R on R, Brush L
- 5,6,7,8 Cross step L over R, Step back on R, Step side L on L, Step R beside L

A[25 – 32] Heel-Toe Swivels R, Clap, Heel-Toe Swivels L, Clap

- 1,2,3,4 Slide both heels to R, Slide toes to R, Slide Heels to R, Clap
- 5,6,7,8 Slide both heels to L, Slide toes to L, Slide Heels to L, Clap

Section B (32 counts)

B[1 – 8] Shuffle Right, Rock Back, Recover, Kicks

- 1&2, 3,4 R step to R, Quickly step L beside R, R steps to R, Rock back onto L, Recover onto R
- 5&6&7&8 Kick L forward, Step down on L & Kick R forward, Step down on R & Kick L forward, Step down on L & Kick R forward.

B[9 – 16] Rock Forward on R, Recover, Shuffle Back, Toe-Struts

- 1, 2, 3&4 (from kick position), Rock forward onto R, Recover onto L, Step back on R, quickly step L Beside R, Step back on R
- 5,6,7,8 Step Back on toe of L (raise L arm up as if doing a back stroke swim (5), drop L Heel (6) Step back on toe of R (raise R arm up as if doing a back stroke swim (7), drop R heel (8)

****Option Instead of doing toe struts, you can do 2 small hops back while doing back stroke swim motion.**

B[17 – 24] Step, Single Foot Heel-Toe-Heel Swivel, Step, Single Heel-Toe-Heel Swivel

- 1, 2,3,4 Step side L and slightly back (1), Slide R Heel in to L(2), then Toe (3), then Heel (4)
- 5,6,7,8 Step side R and slightly back (5), Slide L Heel in to R (6), then Toe (7), then Heel (8)

B[25 – 32] "Pulp-Fiction" Sways

- 1,2,3,4 Sway and lean to R, R arm bent at elbow palm face forward Two fingers extended. Start with Hand at eye level, pulling arm outward (for counts 2,3,4)
- 5,6,7,8 Sway and lean to L, L arm bent at elbow, palm face forward Two fingers extended. Start with Hand at eye level, pull arm outward (for counts 6,7,8)

Section C (16 Counts)

C[1 – 8] Step-Lock, Step, Brush, Step-Lock, Step, Brush

- 1,2,3,4 Step forward on R, Lock L behind, Step forward on R, Brush L forward
- 5,6,7,8 Step forward on L, Lock R behind, Step forward on L, Brush R forward

C[9-16] Step Forward, Hold, ¼ Pivot Turn, Hold, Step Forward, Hold, ¼ Pivot Turn, Hold

1,2,3,4 Step forward on R (1), Hold 1 beat (2), Pivot ¼ to L (3), Hold 1 beat (4)

5,6,7,8 Repeat Step, hold, turn, hold.

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