

Please Stay

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - November 2017
音乐: Please Stay - Bryan Adams : (Album: Ultimate)



Intro: Dance starts almost right away, after the organ tune

Cross with Sweep, Weave R, Sweep, Behind, ¼ L, Spiral Full Turn L, Run-Run, Rock Fwd, Step Back, Full Turn R with Sweep

1-2& Cross R Over L Sweep L from Back to Front, Cross L Over R, Step R to R Side
3-4& Step L Behind R Sweep R from Front to Back, Step R Behind L, ¼ L Step Fwd on L
5 Step Fwd on R and Spiral Full Turn L on R foot
6& 'Run' Fwd L-R
7&8 Rock Fwd on L, Recover on R, Step Back on L
&1 ½ Turn R Step Fwd on R, ½ Turn R Step Back on L Sweeping R from Front to Back

Behind Side, Cross, Tap, Step Back, Together, Weave R with Hitch ¼ L, Cross Rock, Step 1/2 R Hitch

2& Step R Behind L, Step L to L Side
3&4 Cross R Over L, Tap L Behind R Heel, Step Back on L
&5& Step R Next to L, Cross L Over R, Step R to R Side
6&7 Step L Behind R, Step R to R Side, Cross L Over R and Hitch R into ¼ Turn L
8&1 Cross Rock R Over L, Recover on L, Cross R Over L and Hitch L into ½ Turn R

Cross Rock, Step Sweep, Cross, Side, Rock Behind, Full Turn L into Basic R

2&3 Cross Rock L Over R, Recover on L, Cross L Over R Sweep R from Back to Front
4& Cross R Over L, Step L to L Side
5& Rock Back on R, Recover on L
6&7 ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L, ¼ Turn L Step R to R Side
8& Step L Behind R, Cross R Over L

Side, Touch, Side, Touch, Basic L, ¼ R Step Fwd, ¾ R Point L, ¼ L Step Fwd Sweep ¼ L, Cross, Side

1&2& Step L to L Side, Touch R Next to L, Step R to R Side, Touch L Next to R
3-4& Step L to L Side, Step R Behind L, Cross L Over R
5-6 ¼ Turn R Step Fwd on R, ¾ Turn R Point L to L Side
7-8& ¼ Turn L Step Fwd on L Sweep R another ¼ Turn L, Cross R Over L, Step L to L Side

Ending: Music ends at 6:00 continue on the words 'Please Stay' with:

1-2& R Cross with Sweep, Cross L Over R, ¼ L Step Back on R
3 ¼ L Step L to L Side (12:00)

(Note: Match your steps to the rhythm of the words)

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