I Loved Him When I Left Him

级数: Beginner Cha Cha

编舞者: Elaine Montgomery (AUS) - November 2017

墙数:2

音乐: Havana (feat. Young Thug) - Camila Cabello : (iTunes)

[1 – 8&1] Side Right, rock forward Left, Recover Right, Side Shuffle Left, Rock back Right, Recover left, Shuffle forward Right

- 1,2,3,4&5 Step right side, rock forward left, recover on right, step left side, step right together, step left side
- 6,7,8&1 Rock back right, recover left, step forward right, step together left, step forward right.

[10 – 16&1] Step forward Left, 1/2 turn Right, Shuffle forward left, Rock forward Right, recover on left, Side shuffle right (sway)

- 2,3, 4&5 Step forward left, pivot ½ turn right weight on right, step forward left, step together right, step forward left
- 6,7, 8&1 Rock forward right, recover left, step right side, step left together, step right side with a sway

[18 - 24&1] Sway left, sway right, side shuffle left (sway), sway right, sway left, mambo right

2,3, 4&5
6,7, 8&1
Sway hip to left, Sway hip to right, step left side, step right together, step left side with a sway
Sway hip right, sway hip left taking weight on left, rock forward on right, recover left, together with right

[26 – 32&] Left coaster, 1/2 turn left, 1/2 turn left, side shuffle right.

- 2&3,4,5 Step back on left, together with right, forward on the left, step forward right, pivot ½ turn left,
- 6,7, 8& Step forward right, pivot ½ turn, step side right, close left (step right side to start dance (1))

Finishes at the 12 o'clock wall (step to side on 1 to finish)

Contact - Elaine : memonty91@hotmail.com





拍数: 32