Over Boots

拍数: 32

级数: Beginner / Improver

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音乐: Head Over Boots - Lisa McHugh

The Dance has 3 Restarts & 1 Easy Tag.

Step Sweep, Step Sweep, Syncopated Box

- 1,2 Step RF forward, Sweep LF from back to front
- 3,4 Step LF forward, Sweep RF from back to front
- 5,6 Cross RF over LF, step LF back
- &78 step RF small step to R side, cross LF over RF, step RF to R side

Back rock LF, chasse to L, back rock RF, R kick ball cross

- 1-2 rock LF behind RF, Replace weight to RF
- 3&4 Step f LF to L side, close RF to LF, step LF to L side
- 5,6 Rock RF behind LF, replace weight to LF **
- 7&8 kick RF to R diagonal, step RF next to LF, cross LF over RF

Rolling vine and chasse 1/4 turn R, L rocking chair

- 1,2 Make a 1/4 turn R step RF forward, make 1/2 turn Rstepping LF back
- 3&4 make a 1/4 turn R step RF to R side, close LF to RF, make a 1/4 turn R step RF forward (3.00)
- 5,6 Rock LF forward, replace weight to RF
- 7,8 Rock LF Back,replace weight to RF

2Xpivot 1/2 turns, out out in in, out out in touch

- 1,2 Step LF forward, pivot 1/2 turn R transferring weight to RF
- 3,4 Step LF forward, pivot 1/2 turn R transferring weight to RF
- &5&6 step LF to LF side, step RF to R side, step LF next RF, close RF next to LF
- &7&8 step LF to LF side, step RF to R side, step LF next RF, touch RF next to LF

Restarts: here walls; 3 & 5 After 16 counts

** Replace counts 7&8 with - step RF to R side close LF next to RF and restart.

Tag: after count 16 on wall 8 then add the following counts

1,2,3,4 Step RF to R side, touch LF next to RF, Step LF to L side, touch RF next to LF.





墙数:4