

Lonely Together

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - December 2017
音乐: Lonely Together (feat. Rita Ora) - Avicii : (iTunes)



(16 count intro / Start on vocals)

[S1] Kick-&-Twist-&-Kick Ball Step (Skeeter Rabbit R), Step Pivot 1/2L, Shuffle Fwd

1& Kick R forward, Step R in front of L
2& Twist heels to right side (squat down), Replace heels to the centre
3&4 Kick R forward, Step R next to L, Step L in front of R
5 6 Step R forward, Make a 1/2 turn left weight recover on L
7&8 Shuffle forward R-L-R (6:00)

[S2] Kick-&-Twist-&-Kick Ball Step (Skeeter Rabbit L), Step Pivot 3/4R, Side Shuffle

1& Kick L forward, Step L in front of R
2& Twist heels to left side (squat down), Replace heels to the centre
3&4 Kick L forward, Step L next to R, Step R in front of L
5 6 Step L forward, Make a 3/4 turn right weight end on R
7&8 Step L to left side, Step R next to L, Step L to left side (3:00)

Repeat 2 (S3-6)

[S3] Out-Out, In-In, Out-Out, In-In, Back (&), Back Rock-Recover, 1/4L Samba

&1 Step out(side) on R, Step out(side) on L
&2 Step in(centre) on R, Step in(centre) on L
&3 Step out(side) on R, Step out(side) on L
&4& Step in(centre) on R, Step in(centre) on L, Step back on R
5 6 Rock/step L back, Recover weight on R
7&8 Step L forward, Make a 1/4 turn left rock/step R to right side, Recover weight on L (12:00)

[S4] Fwd Coaster, Back-Back-Side, Fwd-Fwd-Side, Back-1/8L Back, 1/8L Side

1&2 Step R forward, Step L next to R, Step L back
3&4 Step L back, Step R back, Step L to left side
5&6 Step R forward, Step L forward, Step R to right side
7&8 Step L back, Make a 1/8 turn left stepping back on R, Make a 1/8 turn left stepping L to left side (9:00)

Repeat 1 (S5-6)

[S5] Fwd w/ Sweep-Cross-Side-Back w/ Sweep-Behind-Side, Step Pivot 1/2L, Shuffle Fwd

1 2& Step R forward sweeping L around, Cross L over R, Step R to right side
3 4& Step R back sweeping R around, Step R behind L, Step L to left side
5 6 Step R forward, Make a 1/2 turn left weight recover on L
7&8 Shuffle forward R-L-R (3:00)

[S6] Fwd w/ Sweep-Cross-Side-Back w/ Sweep-Behind-Side, Step Pivot 1/2R, Shuffle Fwd

1 2& Step L forward sweeping R around, Cross R over L, Step L to left side
3 4& Step R back sweeping L around, Step L behind R, Step R to right side
5 6 Step L forward, Make a 1/2 turn right weight recover on R
7&8 Shuffle forward L-R-L (9:00)

Repeat 1: End of Wall 3 (3:00) – repeat Section 5 and 6 (3:00)

Repeat 2: End of Wall 4 (12:00) – repeat Section 3, 4, 5 and 6 (6:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 3/Dec/17)
