Another Stupid Rumba



编舞者: William Sevone (UK) - December 2017

音乐: Somethin' Stupid - Frank Sinatra & Nancy Sinatra : (iTunes / Amazon)



Alternate music:

- "Something Stupid" (106 bpm)... Robbie Williams & Nicole Kidman (iTunes / Amazon)
- "Something Stupid" (104 bpm)... Raul Malo & Trisha Yearwood (iTunes / Amazon)

Choreographers note:- For Advanced Beginners who have just moved up to the Intermediate level.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the words 'I know (I stand in line)...' with the preparatory step (see below) this only happens ONCE

at the START of the dance. The dance starts proper with Count 1 on the word '(I know) I (stand in line)..'

Preparatory Step:

Weight on left foot (right heel raised).. Drop right heel placing weight onto the right foot.

S1: 2x Side Rock-Recover-Cross-Hold (12.00)

1 – 4 Rock left to left side. Recover onto right. Cross left over right. Hold 5 – 8 Rock right to right side. Recover onto left. Cross right over left. Hold

S2: Rock Fwd-Recover-Together-Hold. Rock Back-Recover-Together-Hold (12.00)

9 – 12 Rock forward onto left. Recover onto right. Step left next to right. Hold 13 – 16 Rock backward onto right. Recover onto left. Step right next to left. Hold

S3: Forward. 1/2 Back. Back. Hold. Slow Coaster. Hold (6.00)

- 17 20 Step forward onto left. Turn ½ left (6) & step backward onto right. Step backward onto left. Hold
- 21 24 Step backward onto right. Step left next to right. Step forward onto right. Hold

S4: 2x Diagonal Steps with Flick Kick (7.30)

- 25 28 moving diagonally RIGHT (7.30): Step forward onto left. Step right next to left heel. Step forward onto left. Flick right foot back calf high (as you turn for count 29)
- 29 32 moving diagonally LEFT (4.30): Step forward onto right. Step left next to right heel. Step forward onto right. Flick left foot back calf high (as you turn to face 7.30 count 33)

S5: Diagonal Step. 5/8 Backward. Rock Back. Recover. Basic New York (12.00)

- 33 36 Step left diagonally forward right (7.30). Turn 5/8th left (12) & step backward onto right. Rock backward onto left. Recover onto right.
- 37 40 Turn ¼ right (3) & rock onto left. Recover onto right. Turn ¼ left (12) & step left next to right. Hold

S6: 1/4 Forward. 1/2 Pivot. 1/4 Side. Hold. Rock Behind. Recover. 1/4 Forward. Hold.

- 41 44 Turn ¼ left (9) & step forward onto right. Pivot ½ left (9). Turn ¼ left (12) & step right to right side. Hold
- 45 48 Rock left behind right. Recover onto right. Turn ¼ left (9) & step forward onto left. Hold.

S7: Full Rumba Box with 1/4 Forward. Side Together. Hold (6.00)

- 49 52 Step right to right side. Step left next to right. Step backward onto right. Hold
- 53 56 Turn ¼ left (6) & step forward onto left. Step right to right side. Step left next to right. Hold
- S8: Back. 1/4 Forward. Side. Hold. 1/4 Forward. Rock. Recover. 1/4 Rock (3.00)

57 – 60 Step backward onto right. Turn ¼ left (3) & step forward onto left. Step right to right side. Hold.
61 – 64 Turn ¼ left (12) & step forward onto left. Rock forward onto right. Recover onto left. Turn ¼ right (3) and rock right to right side.

Dance Finish:

Nancy & Frank: Dance ends on Wall 4 Count 60 - No Changes

Robbie & Nicole also Raul & Trisha: Dance ends on Wall 5 Count 20 – Changes to Count 19 and 20 19 – Turn ½ left (12) & step forward onto left. 20 – Touch right next to left.

Last Update - 19th Dec. 2017