

Dimelo

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - December 2017
音乐: Dimelo (feat. Wyclef Jean & Naughty Boy) (X Factor Recording) - Rak-Su :
(Single)



Intro: 32 Counts or 20 seconds.

S1: Walk x 2, Kick & Back Rock, Heel Ball Side Step, Hold, Ball Side Step.

1 2 Walk forward on R, L.
3 & Kick R forward. Step ball of R next to L.
4 & Rock back on L. Recover onto R.
5 & 6 Dig L heel next to R. Step ball of L next to R. Take a long step R.
7 & 8 Hold. Step L next to R. Step R to right side.

S2: Turn 1/4 Left, Turn 1/2 Left, Sailor Step 1/4 Turn Left, Forward Rock, Recover, Shuffle 1/2 Turn Right.

1 2 Turn 1/4 left stepping forward on L. Turn 1/2 left stepping back on R.
3 & 4 Cross step L behind R. Turn 1/4 left stepping down on R. Step forward on L. 12:00
5 6 Rock forward on R. Recover on to L.
7 & 8 Turn 1/4 right stepping R to right side. Step L next to R. Turn 1/4 right stepping forward on R.
6:00

S3: Step 1/2 Sweep, Behind Side Cross, Unwind 1/2 Left, Forward Rock, Recover, Behind Side Cross.

1 Step forward on L making 1/2 turn right while sweeping R foot round from front to back. 12:00
2 & 3 Cross step R behind L. Step L to left side. Cross step R over L.
4 Unwind 1/2 turn left. 6:00
5 6 Rock forward on R. Recover onto L.
7 & 8 Cross step R behind L. Step L to left side. Cross step R over L.

S4: Side Rock, Recover, Behind & Cross Shuffle, Turn 1/2 Left, Flick Back.

1 2 Side rock out on L to left side. Recover onto R.
3 & Cross step L behind R. Step R to right side.
4 & 5 Cross step L over R. Step R to right side. Cross step L over R.
6 7 Turn 1/4 left stepping back on R. Turn 1/4 left stepping forward on L. 12:00
8 Flick R foot back & slightly out to right side. *(Restart from here during walls 2 & 4 Only)

S5: Cross Samba x 2, Syncopated Weave Left, Cross Rock, Recover.

1 & 2 Cross step R over L. Rock out on ball of L to left side. Small step forward on R.
3 & 4 Cross step L over R. Rock out on ball of R to right side. Small step forward on L.
5 & 6 & Cross step R over L. step L to left side. Cross step R behind L. Step L to left side.
7 8 Cross rock on R over L. Recover onto L.

S6: Right Chasse, Turn 1/4 Left into Left Chasse, Cross, Back, Step Back, Touch, Step Back, Touch.

1 & 2 Step R to right side. Step L next to R. Step R to right side.
3 & 4 Turn 1/4 left stepping L to left side. Step R next to L. Step L to left side. 9:00
5 6 Cross step R over L. Step back on L.
& 7 Step back on R. Touch L next to R with L knee bent & facing forward while pushing R hip back.
& 8 Step back on L. Touch R next to L with R knee bent & facing forward while pushing L hip back.

Start Again.

***NOTE: 2 restarts. During wall 2 and 4 restart from the beginning of the dance after count 32.**

ENDING: You will finish facing front wall so just step forward on R and throw arms up. Dah Dah!
