Raising The Belt

3-4

5-6 7-8

1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8

1-2 3-4

5-6 7-8

1-2

3-4 5-6

7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6-7-8



拍数: 64 墙数: 2 级数: Advanced 编舞者: Adriano Castagnoli (IT) - December 2017 音乐: Raising the Bar - Forrest Lee Jr. [S01] RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, GRAPEVINE RIGHT, SCUFF Step Right To Right Side, Stomp Up Left Beside Right Step Left To Left Side, Scuff Right Beside Left Step Right To Right Side, Cross Left Behind Right Step Right To Right Side, Scuff Left Beside Right *[S02] JUMPING JAZZ BOX LEFT, CROSS, STEP BACK, ROCK BACK RIGHT, SCUFF Jumping Cross Left Over Right, Step Right Back And Kick Left Forward Kick Right Forward, Cross Right Over Left Step Left Back, Rock Back On Right And Kick Right Forward Return Onto Left, Scuff Right Beside Left [S03] ROCKING CHAIR FORWARD RIGHT, ROCK CROSS, ROCK BACK RIGHT Rock Forward On Right, Return Onto Left Rock Back On Right, Return Onto Left Rock Right Cross Over Left, Return Onto Left Rock Back On Right, Return Onto Left [S04] FULL TURN LEFT FORWARD WITH HOLD, SCISSOR RIGHT. SCUFF Turn 1/2 Left On Left And Step Right Back, Hold (06.00) Turn 1/2 Left On Right And Step Left Forward, Hold (12.00) Step Right Diagonally Back To Right, Step Left Beside Right Cross Right Over Left, Scuff Left Beside Right [S05] LEFT SIDE, STOMP UP, RIGHT SIDE, SCUFF, VAUDEVILLE RIGHT Step Left To Left Side, Stomp Up Right Beside Left Step Right To Right Side, Scuff Left Beside Right Cross Left Over Right, Step Right Diagonally Back To Right Touch Left Heel Diagonally Forward To Left, Step Left On Place (Weight On It) [S06] KICK, HOOK, 2 KICKS, ROCK BACK RIGHT, STOMP RIGHT (TWICE) Kick Right Forward, Hook Right Over Left Kick Right Forward (Twice) Jumping Rock Back On Right And Kick Left Forward, Return Onto Left Stomp Right Beside Left (Twice) [S07] TURN 1/4 LEFT, STOMP UP, TURN 1/4 LEFT, STOMP UP, RIGHT SIDE, STOMP UP, LEFT SIDE, **SCUFF** Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right (09.00) Turn 1/4 Left And Step Left Forward, Stomp Up Right Beside Left (06.00) Step Right To Right Side, Stomp Up Left Beside Right Step Left To Left Side, Scuff Right Beside Left

[S08] JUMPING CROSS, BACK, ROCK BACK RIGHT, STOMP, HOLD (3 TIMES)

Rock Back On Right And Kick Left Forward, Return Onto Left

Jumping Cross Right Over Left, Step Left Back

Stomp Right Beside Left, Hold (3 Times)

REPEAT

TAG 1: after 60th count of the first repetition (06.00)LOCK FORWARD RIGHT, SCUFF, TURN 1/4 RIGHT, STOMP UP, TURN 1/4 RIGHT, SCUFF

- 1-2 Step Right Forward, Lock Left Behind Right (06.00)
- 3-4 Step Right Forward, Scuff Left Beside Right
- 5-6 Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left (09.00)
- 7-8 Turn 1/4 Right And Step Right Forward, Scuff Left Beside Right (12.00)

TURN 1/2 RIGHT WITH 2 HOP, STEP, HOLD, ROCK BACK RIGHT, STOMP RIGHT (TWICE)

- 1-2 Turn 1/2 Right With 2 Jump On Right Foot (Hook Left Over Right, Flick Up Back Left) (06.00)
- 3-4 Step Left Back, Hold
- 5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
- 7-8 Stomp Right Beside Left (Twice)

VARIANT: to do 2nd sequence with a full turn to right on place during 3rd, 6th and 9th repetition (always on first wall)

RESTART: after 24 count (3rd sequence) of the 4th and 7th repetitions (always on second wall)

3° RESTART: after 24 count of the 10th repetition (all 2nd sequence must to be executed doing half turn to right), restart the dance from 7th sequence

TAG 2 (after 3rd restart): after 61 count to do Turn 1/2 Right on Left Foot (in 7 counts) hitching other Knee, Stomp Right On Place and other 7 counts of Hold

4° RESTART: after 60 count of the penultimate repetition and after (last repetition) to do 2nd sequence doing half turn to right