Funny Action (搞笑快行動) (zh)

拍数: 112 **墙数:** 2 **级数:** Phrased Improver

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音乐: Funny Action (搞笑快行動) (feat. Jack Neo [梁志強]) - Namewee (黃明志)

Intro: 32 counts - Sequence: A A, B B, C C, D D / B B, Tag1, Tag2 / A A, Tag3 / B B, C C C C

Part A: (32 counts)

A1: (R&L) HEEL SWITCH, KNEE SPLITS(x2)

1-4	Touch R heel fwd - Step RF beside LF - Touch L heel fwd - Step LF beside RF
5-8	Split both knees outward - Return both knee - Turn knees out - Turn knees in
1-4	右足跟前點 - 右足回併踏左足旁 - 左足跟前點 - 左足回併踏右足旁
5-8	雙膝轉向外 - 雙膝轉回併 - 雙膝轉向外 - 雙膝轉回併

A2: (R & L) BACK SHUFFLE, (R & L) CROSS MAMBO

1&2, 3&4	Back shuffle (R L R) (L R L)
5&6&7&8	Cross RF over LF - Recover onto LF - Step RF to R, Cross LF over RF - Recover onto RF - Step LF to L
1&2, 3&4	後交換步 (右 左 右) (左 右 左)
5&6&7&8	右足前跨 - 重心回左足 - 右足右踏, 左足前跨 - 重心回右足 - 左足左踏

A3: SIDE - TOGETHER, R CHASSE, SIDE - TOGETHER, L CHASSE 1/4 L

1-2, 3&4	Step RF to R - Step LF beside RF, Step RF to R - Step LF beside RF - Step RF to R
5-6, 7&8	Step LF to L - Step RF beside LF, Step LF to L - Step RF beside LF - 1/4 turn L (9:00) step LF fwd
1-2, 3&4	右足右踏 - 左足併踏右足旁, 右足右踏 - 左足併踏右足旁 - 右足右踏
5-6, 7&8	左足左踏 - 右足併踏左足旁, 左足左踏 - 右足併踏左足旁 - 左轉1/4 (9:00) 左足前踏

A4: (R&L) DIAGONAL FWD SHUFFLE, WALK WALK WALK WALK 3/4 R

1&2, 3&4	Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd
5-8	Walk step on (R L R L) 3/4 turn R (6:00)
1&2, 3&4	右足略右斜前踏 - 左足鎖於右足後 - 右足略右斜前踏, 左足略左斜前踏 - 右足鎖於左足後 - 左足略左斜前踏
5-8	前走步 (右 左 右 左) 向右轉3/4 (6:00)

Part B: (32 counts)

B1: RUNNING MAN, R CHASSE, L CHASSE

1&2&3&4	Scoot RF back - Hitch LF up - Step LF down and scoot back - Hitch RF up - Step RF down and scoot back - Hitch LF up - Step LF down
5&6, 7&8	Step RF to R - Step LF beside RF - Step RF to R, Step LF to L - Step RF beside LF - Step LF to L
1&2&3&4	右足後溜 - 左足抬起 - 左足踏下後溜 - 右足抬起 - 右足踏下後溜 - 左足抬起 - 左足踏下
5&6, 7-8	右足右踏 - 左足併踏右足旁 - 右足右踏, 左足左踏 - 右足併踏左足旁 - 左足左踏

B2: JAZZ BOX 1/4 TURN R, (R&L) SIDE - HITCH

1-4	Cross RF over LF - Step LF back - 1/4 turn R (3:00) step RF to R - Cross LF over RF
5-8	Step RF to R - Hitch LF up - Step LF to L - Hitch RF up
1-4	右足前跨 - 左足後踏 - 右轉1/4 (3:00) 右足右踏 - 左足前跨
5-8	右足右踏 – 左足抬起 - 左足左踏 - 右足抬起

B3: (R&L) SIDE - TOUCH BEHIND, (R&L) SIDE MAMBO

1-4	Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF

5&6, 7&8 Rock RF to R - Recover onto LF - Step RF beside LF, Rock LF to L - Recover onto RF - Step LF beside RF
1-4 右足右踏 - 左足後跨點 - 左足左踏 - 右足後跨點
5&6, 7&8 右足右下沉 - 重心回左足 - 右足併踏左足旁, 左足左下沉 - 重心回右足 - 左足併踏右足旁

B4: FWD - PIVOT 1/4 L - FWD - PIVOT 1/2 L, (FWD AND BACK) SHIMMY
1-4 Step RF fwd - Pivot 1/4 turn L (12:00) weight on LF - Step RF fwd - Pivot 1/2 turn L (6:00) weight on LF
5&6, 7&8 Step RF fwd with shimmy, Weight on LF with shimmy
1-4 右足前踏 - 向左踏轉1/4 (12:00) 重心回左足 - 右足前踏 - 向左踏轉1/2 (6:00) 重心回左足
5&6, 7&8 右足前踏同時擺動肩部, 重心回左足同時擺動肩部

Part C: (16 counts)
C1: SWAY, CHASSE R
1-4 Step RF to R while Sway hip (R L R L)
5-6, 7&8 Sway hip (R L), Step RF to R - Step LF beside RF - Step RF to R
1-4 右足右踏同時搖臀 (右 左 右 左)
5-8 搖臀 (右 左), 右足右踏 - 左足併於右足旁 - 右足右踏

C2: SWAY, CHASSE 1/4 L
1-4 Step LF to L while Sway hip (L R L R)
5-6, 7&8 Sway hip (L R), Step LF to L - Step RF beside LF – 1/4 turn L step LF fwd
1-4 左足左踏同時搖臀 (左 右 左 右)
5-8 搖臀 (左 右), 左足左踏 - 右足併於左足旁 - 左足左踏

Part D: (32 counts)
D1: KICK BALL POINT(x2), STOMP(x3), KNEE POPPED
1&2, 3&4 Kick RF forward - Step RF beside - LF Point LF to L, Kick LF forward - Step LF beside RF - Point RF to R
5&6, 7-8 Stomp (R L R), Popping R Knee in - Recover R knee to the original
1&2, 3&4 右足前踢 - 右足併於左足旁 - 左足側點, 左足前踢 - 左足併於右足旁 - 右足側點
5&6, 7-8 剁步 (右 左 右), 右膝蓋向內側彎曲 – 回復右膝蓋到正常狀態

D2: KICK BALL POINT(x2), STOMP(x3), KNEE POPPED
1&2, 3&4 Kick RF forward - Step RF beside - LF Point LF to L, Kick LF forward - Step LF beside RF - Point RF to R
5&6, 7-8 Stomp (R L R), Popping R Knee in - Recover R knee to the original
1&2, 3&4 右足前踢 - 右足併於左足旁 - 左足側點, 左足前踢 - 左足併於右足旁 - 右足側點
5&6, 7-8 剁步 (右 左 右), 右膝蓋向內側彎曲 – 回復右膝蓋到正常狀態

D3: FWD MAMBO, BACK MAMBO, FWD - PIVOT 1/2 L, OUT - OUT
1&2, 3&4 Step RF fwd - Recover onto LF - Step RF back, Step LF back - Recover onto RF - Step RF fwd
5-8 Step RF fwd - Pivot 1/2 turn L weight on LF - Step RF fwd R diagonal - Step LF fwd L diagonal
1&2, 3&4 右足前踏 - 重心回左足 - 右足後踏, 左足後踏 - 重心回右足 - 左足前踏
5-8 右足前踏 - 向左踏轉 1/2重心回左足 - 右足右斜前踏 - 左足左斜前踏

D4: HAND JIVE, SIDE - TOGETHER
1&2&, 3&4& Slap R hand on R thigh twice - Slap L hand on L thigh twice, Do fighting hand R twice - Do fighting hand L twice
5&6, 7-8 Cross R hand over L hand - Open both hands - Cross R hand over L hand, Step RF to R with a drag and open L arm out to L - Step LF beside RF and L arm down
(do refer to our demo video about the hand jive)
1&2&, 3&4& 右手在右大腿上拍兩下 - 左手在左大腿上拍兩下, 右手做加油狀兩下 - 左手做加油狀兩下

5&6&, 7-8 雙手於胸前交叉 - 雙手打開 - 雙手於胸前交叉, 右足右踏同時左手臂由內向外敞開 - 左足併於右足旁同時放下左手臂

（請參閱我們的演示視頻裡手部動作示範）

Tag1: (16 counts)
V STEP

1-4 Step RF to R diagonal fwd - Step LF to L diagonal fwd - Step RF back to center - Step LF beside RF
1-4 右足右斜前踏 - 左足左斜前踏 - 右足後踏 - 左足併踏右足旁

Tag2: (32 counts)
Sec 1: HIPS BUMP - HOLD - HIPS BUMP, SIT - HOLD - KICK - HOOK

1-4 Bump hip to R - Hold - Bump hip to L - Bump hip to R
5-8 1/4 turn R sit - Hold - Kick RF fwd - Hook RF
1-4 推臀至右側 - 停拍 - 推臀至左側 - 推臀至右側
5-8 右轉1/4 身體半蹲坐下狀 - 停拍 - 右足前踢 - 右足回勾

Sec 2: FWD - HOLD - HITCH - 1/4 R SIDE, HIP ROLL

1-4 Step RF fwd - Hold - Hitch LF - 1/4 turn R step LF to L
5-8 Roll hips from L to R slowly for 4 counts
1-4 右足前踏 – 停拍 - 左足抬起 - 右轉1/4 左足左踏
5-8 用4拍由左至右慢慢轉動臀部一圈

Sec 3: HIPS BUMP - HOLD - HIPS BUMP, SIT - HOLD - KICK - HOOK

1-4 Bump hip to R - Hold - Bump hip to L - Bump hip to R
5-8 1/4 turn R sit - Hold - Kick RF fwd - Hook RF
1-4 推臀至右側 - 停拍 - 推臀至左側 - 推臀至右側
5-8 右轉1/4 身體半蹲坐下狀 - 停拍 - 右足前踢 - 右足回勾

Sec 4: FWD - HOLD - HITCH - 1/4 R SIDE, HIP ROLL

1-4 Step RF fwd - Hold - Hitch LF - 1/4 turn R step LF to L
5-8 Roll hips from L to R slowly for 4 counts
1-4 右足前踏 – 停拍 - 左足抬起 - 右轉1/4 左足左踏
5-8 用4拍由左至右慢慢轉動臀部一圈

Tag3: (8 counts)
FWD MAMBO, BACK MAMBO, FWD - PIVOT 1/2 L, OUT - OUT

1&2, 3&4 Rock RF fwd - Recover onto LF - Step RF back, Rock LF back - Recover onto RF - Step LF fwd
5-8 Step RF fwd - Pivot 1/2 turn L weight on LF - Step RF fwd R diagonal - Step LF fwd L diagonal
1-2, 3&4 右足前下沉 - 重心回左足 - 右足後踏, 左足後下沉 - 重心回右足 - 左足前踏
5-8 右足前踏 - 向左踏轉 1/2重心回左足 - 右足右斜前踏 - 左足左斜前踏

Have Fun & Happy Dancing !!!

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