# Lucky One

拍数: 32

级数: High Beginner

编舞者: Jeannie Hong - December 2017

音乐: Lucky One - EXO

NOTE: Start- After 16 count / Restart: At 8 wall - after 16 count at 7 wall / No Tag

## [1-8] Scuff Stomp body isolation stomp

- 1 2 RF scuff(1) (R knee bending) Rf stomp(2)
- 3&4 Lf Step side(3) Rf step position&) Lf next to Rf(4)
- 5 -6 Rf side step(5) R body isolation(6) (weight on R)
- 7&8 Lf stomp(7) Rf stomp (&) Lf next to Rf(8)

### [9-16] Leg Rolling 1/4R turn R Coaster Side stepx2

- 1 & 2 R leg forward kick softly (with R knee bent) (1) R leg rolling 1/4 R turn(&) R leg forward kick softly(2) (3:00) (tip: using your Left knee bounce)
- 3&4 Rf behind step(3) Lf next to Rf(&) Rf forward step(4)
- 5&6 Lf side step(5) Rf step position(&) Lf next to Rf(6)
- 7&8 Rf side step(7) Lf step position(&) Rf next to Lf(8)

## [16-24] L back stretch out R step position Body roll R hitchx2 small jump Stomp

- Lf back stretch out (with R knee bent) (1) Rf step position(&) Lf next to Rf(2) 1&2
- 3 4 Body roll (From bottom to upper body)
- 5&6& Rf side touch(5) hitch(&) Rf side touch(6) hitch(&)
- 7&8 Small jumpx2 with both feet together and knee bent / with two fists in front of chest(7&) Both feet stomp at the shoulder width / with two arms stretched forward unfolding hands(8)

#### [25-32] Both Knee pop n turn R hopx3 L Touchx2 1/2 L Turn

- R knee pop(1&) L knee pop(2&) 1&2&
- 3&4 Rf hop to the Rx3 with Lf stretched outside (like the letter "L")
- 5 -6 Lf forward touch(5) Lf side touch(6)
- 7 -8 1/2 L turn weight on Right foot (with left knee bent) (7) Lf step position(8)

#### Restart!! At 8 wall 16count after at 7 wall (facing 9:00)

Enjoy dancing with K-pop

Contact : smurf10411@gmail.com





**墙数:**4