Get Lost, Get Gone



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Sandro Bidoli - December 2017 音乐: Missing - William Michael Morgan



START ON VOCALS

[1-8] KICK BALL CHANGE KICK BALL CHANGE, ROCK FORWARD, FULL TURN RIGHT

1-2 weight on left, right kick ball change
3-4 weight on left, right kick ball change
5-6 rock forward right and recover

7-8 half turn right clockwise, right foot leading, half turn left clockwise, left foot leading, weight on

left

[9-16] CHA CHA QUARTER TURNING RIGHT, CHA CHA HALF TURNING RIGHT CLOCKWISE, RIGHT COASTER STEP. STEP STOMP LEFT, STEP STOMP RIGHT

1-2 step quarter right, right turning cha-cha
3-4 cha-cha turning half right, left foot leading
5-6

5-6 right coaster step

7-8 step stomp left, step stomp right

[17-24] POINT OUT LEFT, POINT OUT RIGHT, POINT OUT LEFT TURNING QUARTER LEFT AND HOOK LEFT, CHA-CHA- FULL TURN ANTICLOCKWISE

point out left, recover left to rightpoint out right, recover right to left

3-4 point out left turning quarter left, and hook left

5-6 cha-cha left foot leading

7-8 full turn anti-clockwise right foot leading

[25-32] RIGHT ROCKING CHAIR, JAZZ BOX TURNING QUARTER RIGHT

1-2 keeping weight on left, rock right forward and recover

3-4 rock right back and recover

5-8 cross right over left, step back on left turning quarter right, bring right foot to left, step left

forward (weight on left)

RESTART: 5[^] wall after 16 counts

Contact: countryprof76@mail.com