

Lonely Lady

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Yvonne (Krause) Halsey (USA) - January 2018
音乐: Lonely Lady - Bouke



[1-8] SIDE ROCK, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

- 1-2 Rock right to right side, recover onto left.
- 3&4 Shuffle forward stepping right, left, right.
- 5-6 Rock left to left side, recover onto right.
- 7&8 Shuffle forward stepping left, right, left.

[9-16] ROCK RECOVER, STEP BACK, SWEEP FRONT TO BACK, BEHIND SIDE CROSS, POINT

- 1-2 Rock forward on right, recover onto left.
- 3-4 Step back on right and sweep left foot front to back.
- 5-6 Left foot behind right, step right to right side.
- 7-8 Cross left over right, point right foot to right side.

[17-24] STEP ¼ TURN RIGHT, POINT LEFT, STEP FORWARD, POINT JAZZ BOX W/CROSS

- 1-2 As you step into a ¼ turn right point left foot to left side. (3:00)
- 3-4 Step forward left and point right foot to right side.
- 5-8 Cross right over left, step back on left, step right to right side, cross left over right.

[25-32] SIDE TOGETHER, SHUFFLE BACK, SIDE TOGETHER, STEP FORWARD, HOLD

- 1-2 Step right to right side, step left next to right.
- 3&4 Shuffle back stepping right, left, right.
- 5-6 Step left to left side, step right next to left.
- 7-8 Step forward on left and hold.

May You Always Dance Like No One Is Watching

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Last Update – 5th Jan. 2018
