

# Change Your Life EZ

**COPPER** KNOB  
BY STEPHENETS

拍数: 16      墙数: 4  
编舞者: Maryloo (FR) - January 2018  
音乐: Change Your Life - Little Mix

级数: High Beginner NC



Intro : 8 + 16 counts – No Tag, No Restart  
Alt. music: Little Me ( unplugged) by Little Mix

**R NIGHTCLUB BASIC, L NIGHTCLUB BASIC, R FWD, L FWD, 1/2 PIVOT R, L FWD, 1/2 TURN L, 1/4 TURN L.**

- 1-2&      Step R to side, rock L behind R., recover on R.
- 3-4&      Step L to side, rock R behind L, recover on L
- 5-6&      Step R forward, step L forward, pivot 1/2 turn right ( weight on R) (6.00)
- 7-8&      Step L forward, 1/2 turn to left stepping R back (12.00), 1/4 turn to left, stepping L to side (9.00)

**CROSS ROCK STEP R, CROSS ROCK STEP L, STEP PIVOT 1/2 TURN L, FULL TURN L, R FWD, L FWD**

- 1-2&      Cross R over L, recover on L, step R to side
- 3-4&      Cross L over R, recover on R, step L to side
- 5-6      Step R forward, pivot 1/2 turn left ( weight on L) (3.00)
- 7&8&      1/2 turn left stepping R back (9.00), 1/2 turn left stepping L forward( 3.00), step R forward, step L forward
- 1      Take the beginning of The dance : Step R to side .....

Have Fun !

Contact Choreographer : Maryloo : [malouwin@hotmail.fr](mailto:malouwin@hotmail.fr) - WEBSITE : [www.line-for-fun.com](http://www.line-for-fun.com)