

Breathe Into You

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Francien Sittrop (NL) - January 2018
音乐: Breathe (feat. Ina Wroldsen) - Jax Jones



Intro: Start after 16 counts from the beginning , On heavy beat

[1 – 8] Prissy Walk , Walk , Anchor Step. Rock Fwd, Recover , Shuffle Back

1 – 2 Step R across L, Step L across R
3 & 4 Step R fwd, lock L behind R, Recover on R
5 – 6 Rock L fwd, Recover on R
7 & 8 Step L back , Step R next to L, Step L back

[9-16] Rock Back, Recover, Kickball Step, Toe Switches, Hold

1 – 2 Rock R back, Recover on L
3 & 4 Kick R fwd, Step R down, Step L next to R
5&6& Point R to R side, Step R next to L, Point L to L side, Step L next to R
7 – 8 Point R to R side, Hold

[17-24] Sailor ¼ Turn R, Shuffle fwd, Hitch Ball Step, Shuffle fwd

1 & 2 Sweep R behind L with ¼ Turn R, Step L next to R, Step R fwd (03.00)
3 & 4 Step L fwd, Step R next to R, Step L fwd
5 & 6 Hitch R , Step R down, Step L fwd
7 & 8 Step R fwd, Step L next to R, Step R fwd

[25-32] Jazz Box ½ Turn L, Step Fwd Knee pops, Together, Rock Back , Recover

1 – 4 Step L across R, ¼ Turn L step R back, ¼ Turn R step L fwd, Step R fwd (09.00)
5 -&6 Step L fwd, Both Heels up and Down
&7– 8 Step L next to R, Rock R back, Recover on L **R**

[33-40] Samba Steps R and L, Jazzbox ¼ Turn R

1 & 2 Step R fwd, Rock L to L side, Recover on R
3 & 4 Step L fwd, Rock R to R side, Recover on L
5 – 8 Step R across L, ¼ Turn R step L back, Step R to R side, Step L fwd (12.00)

[41-48] Syncopated Rocks fwd, Jazzbox ¼ Turn R

1-2& Rock R across L, Recover on L, Step R to R side
3-4& Rock L across R, Recover on R, Step L to L side
5 – 8 Step R across L, ¼ Turn R step L back, Step R to R side, Step L fwd (03.00)

[49-56] Monterey ¼ R, Point fwd, Flick ¼ Turn L, Shuffle fwd

1 – 2 Point R to R side, ¼ Turn R step R next to L (06.00)
3 – 4 Point L to L side, Step L next to R
5 – 6 Point R fwd, Flick R back with ¼ Turn L (03.00)
7 & 8 Step R fwd, Step L next to R, Step R fwd

[57-64] Rock Fwd, Recover , Walks back L, R, Out, Out , In, Rock Back, Recover

1 – 2 Rock L fwd, Recover on R
3 – 4 Walk Back, L, R
&5-6 Step L out, R out, Step L in
7 – 8 Rock R back, Recover on L

Restart : during wall 5 After count 32. Start with count 1 again

Ending: Last wall Ends on the 3 O'clock Wall after count 64 then make a $\frac{1}{4}$ Turn L to face the 12 O'clock wall and point R to R side

Website: www.franciensittrop.nl
