Stars Stripes and Dirt



编舞者: Darren Bailey (UK) - January 2018

音乐: Heartbeat - Drake White

Intro: 16 Counts

Rock to R, Recover, Cross Shuffle, Back, Side, Forward Shuffle

1-2 Rock RF to R side, Recover onto LF

3&4 Cross RF over LF, Step LF to L side, Cross RF over LF

5-6 Step back on LF, Step RF to R side

7&8 Step forward on LF, Close RF next to LF, Step forward on LF

Pivot ½ turn L, Shuffle ½ turn L, Back, Coaster Step, Forward

1-2 Step forward on RF, Make a ½ turn pivot L

3&4 Make a ¼ turn L and step RF to R side, Close LF next to RF, Make a ¼ turn L and step back

on RF

5-6& Step back on LF, Step back on RF, Close LF next to RF,

7-8 Step forward on RF, Step forward on LF

Diagonal R, Close, R Chasse, Diagonal L, Close, L Chasse

1-2 Step RF to R diagonal, Close LF next to RF

3&4 Step RF to R side, Close LF next to RF, Step RF to R side

(counts 1-4 Should be dance stepping towards 1:30, but with the body facing 11:30)

5-6 Step LF to L diagonal, Close RF next to LF

7&8 Step LF to L side, Close RF next to LF, Step LF to L side and turn slightly to face 12:00

(counts 5-8 should be danced stepping towards 11:30, but with body facing 1:30)

Cross, Back, Chasse ¼ turn R, Pivot ½ turn R, Forward, Touch

1-2 Cross RF over LF, Step back on LF

3&4 Step RF to R side, Close LF next to RF, Make a ¼ turn R and step forward on RF

5-6 Step forward on LF, Make a ½ turn pivot R7-8 Step forward on LF, Touch RF next to LF

Hope you enjoy the dance.

Live to Love; Dance to Express.