U Got Soul



编舞者: Betty Moses (USA) - January 2018 音乐: Beat of the Music - Brett Eldredge



Dance begins after 16 counts

[1-8] Toe Switches R & L, (12:00)

1 &	Place R forward, Step R next to L
2 &	Place L forward, Step L next to R

3-4& Place R forward bounce R heel, Bounce R heel, Step R next to L

5 & Place L forward, Step L next to R6 & Place R forward, Step R next to L

7, 8 Place L forward bounce L heel, Bounce L heel (weight on R)

(These steps move back slightly)

[9-16] Step, Hip Bumps L & R

1. Z Step L to side dumbing hids left tw	1, 2	Step L to side bumping hips left twice
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3, 4 Bump hips to right twice

5, 6 Bump hips to left, Bump hips to right7, 8 Bump hips to left twice (weight on L)

**********RESTART ON WALL 6********

[17-24] Side Rock/Recover/Cross (2Xs), Small Hitch, Triple To The Right, 1/4 Turn, Triple Left

1 & 2	Rock R to side, Recover weight on L, Step R
3 & 4	Rock L to side, Recover weight on R, Cross L over R
2.52.6	Small hitch on P. Triple step to right P.IP

&5&6 Small hitch on R, Triple step to right R-L-R

7 & 8 Turn ¼ left on ball of R, Triple to the side L-R-L [9:00]

[25-32] Cross Rock/Recover, Triple 1/4 Turn, Pivot 1/2 Turn, Triple Forward

1, 2	Cross rock R over	L, Recover weight on L

3 & 4 Turn ¼ right on ball of L, Triple forward R-LR [12:00]

5, 6 Step forward on L, Pivot ½ right [6:00]

7, 8 Triple forward L-R-L

RESTART ON WALL 6: Dance the first 16 counts of the dance and restart the dance facing 6:00

Have fun

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