Are You Feeling



墙数: 4 拍数: 32 级数: Improver

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音乐: "Feeling Tonight" by Kelly Picker - 115 BPM



Start after 32 counts

[1-8] ROCK STEP, COASTER STEP, STEP 1/4 TURN R
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1-2 Step forward on right, recover back on left

3&4 Step back on right, step left next to right, step forward on right

step forward on left, make 1/4 turn right 56

7&8 Cross left over right, step right to right side, cross left over right

Restart here during wall 5 facing 12 o'clock

[9-16] 1/4 TURN 1/4 TURN, SHUFFLE FORWARD, ROCK STEP, TRIPLE STEP FULL TURN LEFT,

1-2 Make a ¼ turn left stepping back on right, make a ¼ turn left stepping left to left side

3&4 Shuffle forward Right, Left, Right,

5-6 step forward on left, recover back on right make a full turn left stepping left, right, left, 7&8

[17-24] SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, CHASSE LEFT WITH 1/4 TURN LEFT,

Step right to right side, step left beside right

Restart here during wall 10 facing 6 o'clock

3&4 Step right to right side, step left next to right, step right to right side

5-6 cross left over right, recover on right

7&8 Step left to left side, step right next to left making a 1/4 turn left, step left to left side

[25-32] FULL TURN LEFT, SHUFFLE FORWARD, SIDE ROCK, BEHIND SIDE CROSS

make a half turn to left stepping back onto right, make a half turn to left stepping forward onto 1-2

Left

3&4 Shuffle forward Right, Left, Right,

5-6 Step left on left side, recover onto right

Step left behind right, step right to right side, step left over right 7&8

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