Feel It Still AB



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Susanne Oates (UK) - January 2018 音乐: Feel It Still - Portugal. The Man: (Single)



#32 Count intro. Start on "self".

Alternative Music Suggestion: "Bare Essentials" by Lee Kernaghan

Toe Strut x3. Kick x2.

12	Step forward on right toe. Drop right heel in place.
3 4	Step forward on left toe. Drop left heel in place.
5 6	Step forward on right toe. Drop right heel in place.
7 0	15: 1 1 6: 6

7 8 Kick left forward twice.

Back. Touch. Step. Kick. Back. Touch. Hip Bump x2.

9 10	Step back on left. Touch right toe back.
11 12	Step forward on right. Kick left forward.
13 14	Step back on left. Touch right beside left.

15 16 Bump hips right. Bump hips left.

Option: Just for fun on the hip bumps: Place left hand behind head. Right hand on right hip

Grapevine right. Touch. Grapevine ¼ left. Touch.

17 18	Step right to right side. Step left behind right.
19 20	Step right to right side. Touch left beside right.
21 22	Step left to left side. Step right behind left.
23 24	Turn ¼ left, stepping forward on left. Touch right beside left. (9o'clock)

Stomp. Stomp. Right Toe Fan. Left Toe Fan x2.

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25 26	Stomp right beside left. Stomp left beside right.
27 28	Fan right toes to right side. Return to place taking weight onto right.
29 30	Fan left toes to left side. Return to place.
31 32	Fan left toes to left side. Return to place, taking weight onto left.

START AGAIN

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