

Not Counting You

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - January 2018
音乐: Not Counting You - Mats Rådberg & Rankarna



Intro: 16 Counts

Side Toe Strut, Cross Toe Strut, Step Back, Step Side, Cross, Side Toe Strut, Cross Toe Strut, Step Back, 1/4 Turn R, Step Fwd

1&2& RF. Step on toe to R side, RF. Drop heel, LF. Step on toe across RF, LF. Drop heel
3&4 RF. Step back, LF. Step to L side, RF. Cross over LF
5&6& LF. Step on toe to L side, LF. Drop heel, RF. Step on toe across LF, RF. Drop heel
7&8 LF. Step back, RF. 1/4 Turn R step fwd, LF. Step fwd (3:00)

Mambo, Step back, Step-Lock-Step, Mambo, Step Fwd, Step-Lock-Step

1&2 RF. Rock fwd, LF. Recover, RF. Step back
3&4 LF. Step back, RF. Lock across LF, LF. Step back
5&6 RF. Rock back, LF. Recover, RF. Step fwd
7&8 LF. Step fwd, RF. Lock behind LF, LF. Step fwd

Rock Fwd, Recover, 1/4 Turn R, Cross Shuffle, Step Diag R Fwd, Step Together, Twist, , Step Diag L Fwd, Step Together, Twist

1&2 RF. Rock fwd, LF. Recover, RF. 1/4 Turn R step to R side (6:00)
3&4 LF. Cross over RF, RF. Step to R side, LF. Cross over RF
5&6& RF. Step diagonal R fwd, LF. Step together, R+L. Twist both heels to R, R+L. Twist both heels back to center (weight on RF)
7&8& LF. Step diagonal L fwd, RF. Step together, L+R. Twist both heels to L, L+R. Twist both heels back to center (weight on LF)

Back Toe Strut X2, Coaster Step, Side Mambo L, Side Mambo R

1&2& RF. Step back on toe, RF. Drop heel, LF. Step back on toe, LF. Drop heel
3&4 RF. Step back, LF. Step together, RF. Step fwd
5&6 LF. Side rock, RF. Recover, LF. Step together
7&8 RF. Side rock, LF. Recover, RF. Touch toe beside LF

Start Again

Contact: marja42@kpnmail.nl / co4ol72@kpnmail.nl