

Easy Stroll

COPPER KNOB
STEPMATS

拍数: 16 墙数: 4 级数: Ultra Beginner
编舞者: John Koning (CAN) - January 2018
音乐: Walkin' After Midnight - Patsy Cline : (Slow)



Alt. Music:-

Livin' On Love by Alan Jackson - Medium (119 bpm)

Come Back My Love by The Overtones - Quick (142 bpm)

WALK, TOUCH, WALK BACK, TOUCH

- | | |
|-----|---------------------------------------|
| 1-2 | Step forward right, step forward left |
| 3-4 | Step forward right, touch left |
| 5-6 | Step back right, step back left |
| 7-8 | Step back right, touch left |

2 STEP TOUCHES, 2 LEFT 1/8 TURNS (PADDLES)

- | | |
|-------|---|
| 9-10 | Step right, touch left |
| 11-12 | Step left, touch right |
| 13-14 | Step right in place turning 1/8 left on the ball of the left foot |
| 15-16 | Step right in place turning 1/8 left on the ball of the left foot |

START AGAIN

This Easy Series of dances is designed to introduce new line dancers to the most basis steps and to build muscle memory. Repetition is the best way to develop and build your inventory of line dance steps. This dance introduces the touch, the step touch and paddle turns.

Most importantly, smile and have fun!

Questions and comments? jck@johnkoning.com