# Sha La La

拍数: 32

级数: Beginner

编舞者: Danielle Schill (USA) - January 2018

音乐: I Feel Good - Thomas Rhett

## WALK FORWARD (R-L-R), KICK, WALK BACK (L-R), COASTER STEP, REPEAT

- 1-3 Walk forward on right, walk forward on left, walk forward on right
- 4 Kick left foot forward
- 5-6 Step back on left foot, step back on right foot
- Step back on left foot, bring right next to left, step forward on left 7&8

#### **\*RESTART HERE ON 4TH WALL**

### WALK FORWARD (R-L-R), KICK, WALK BACK (L-R), COASTER STEP, REPEAT (REPEAT OF ABOVE)

- 1-3 Walk forward on right, walk forward on left, walk forward on right
- 4 Kick left foot forward
- 5-6 Step back on left foot, step back on right foot
- Step back on left foot, bring right next to left, step forward on left 7&8

### STEP R, HITCH TO SIDE, STEP L, HITCH TO SIDE, VINE RIGHT

- 1-2 Step down on right, facing body toward 10:00, bring left thigh parallel to the floor ("hitch")
- 3-4 Step down on left, facing body toward 2:00, bring right thigh parallel to the floor ("hitch")
- 5-8 Step right to right side, cross left behind right, step right to right side, tap left next to right

### STEP L, HITCH TO SIDE, STEP R, HITCH TO SIDE, VINE RIGHT L

- 1-2 Step down on left, facing body toward 2:00, bring right thigh parallel to the floor ("hitch")
- 3-4 Step down on right, facing body toward 10:00, bring left thigh parallel to the floor ("hitch")
- 5-8 Step left to left side, cross right behind left, step left to left side turning 1/4 turn left, tap right next to left.

#### REPEAT





**墙数:**4