

African Dream

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jenny Murray (SA) - November 2017
音乐: Afrikan Dream - Vicky Sampson



Introduction: 32 counts.

ONE EASY RESTART (on 4th wall)

PART I. (SIDE, ROCK RECOVER, SIDE BEHIND, ¼ TURN L)

1-2&3 Step L to the side, Rock back on Right, recover on L, Step R to R
4&5 Step L Behind R, Step ¼ turn R on R, Step forward on L (3:00)
6&7 Roc forward on R, Recover on L, ¼ turn to R on R (6:00)
8&1 Step L over R, Step R to R, Step L behind R

PART II. (SIDE ROCK REC, WEAVE, CROSS REC, ¼ R, SHUFFLE)

2&3 Rock Right to R, Recover on L, Cross R over L
4&5 Step L to L, Cross R behind L, Step L to L,
6&7 Cross Rock R over L, Recover on L, Step to ¼ R on R (9:00)
8&1 Step forward on L, Step Together with R, Step forward on L

(Option for steps 8 & 1 – ½ turn R, stepping back on L, ½ turn R, stepping forward on R, Step forward on L)

PART III. (MAMBO TO THE, MAMBO TO THE L, SWAY, SWAY, SHUFFLE)

2&3 Step forward on R, Recover on L, Step R next to L
4&5 Step back on L, Recover on R, Step L next to R
6-7 Sway to R on R, Sway to L on L,
8&1 Step R to R, Step L next to R, Step R to R

PART IV. (SWAY, SWAY, ¼ L, SHUFFLE, CROSS ROCK X 2)

2-3 Sway to L on L, Sway to R on R,
4&5 Step L to L, Step R next to L, Step L to L (9:00)
6&7 Cross R over L, Recover weight on L, Step R to R side
8&1 Cross Lover R, Recover weight on R, Step L to L side (This is first step of new wall)

(Option for steps 4 & 5 – ¼ turn L side, stepping forward on L, ½ turn L, stepping back on R, turn ¼ turn to L, stepping to side on L)

REPEAT DANCE.

RESTART: On Wall 4 – Do 1st 7 counts, Cross Left over R, Recover on R for 8&, - then restart on count 1

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