

# Sting So Bad

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Karl-Harry Winson (UK) - January 2018  
音乐: Sting (Radio Edit) - Eric Saade



Music available on Download from iTunes & [www.amazon.co.uk](http://www.amazon.co.uk)  
(Intro: 16 Counts)

## **S1: Cross. Side. Behind-Side-Point. 1/4 Turn Left. 1/2 Turn Left. Sailor 1/4. Cross.**

1 – 2      Cross Left over Right. Step Right to Right side.  
3&4      Cross Left behind Right. Step Right to Right side. Point Left out to Left side.  
5 – 6      Turn 1/4 Left stepping Left forward (9.00). Turn 1/2 Left stepping Right back (3.00).  
7&8      Turn 1/4 Left crossing Left behind Right. Step Right beside Left. Cross step Left over Right (12.00).

## **S2: Side Rocks Right & Left. Forward Step. Pivot 1/2 Turn Right. 1/2 Turn Right. Walk Back.**

1 – 2      Rock Right to Right side. Recover weight on Left.  
&3-4      Step Right beside Left. Rock Left out to Left side. Recover weight on Right.  
5 – 6      Step forward on Left. Pivot 1/2 turn Right (6.00).  
7 – 8      Turn 1/2 Right walking back on Left. Walk back on Right (12.00).

## **S3: Back-Drag. Ball-Step. Walk Forward. Side Rock. Forward Step. Right Side Rock.**

1 – 2      Step Big Step back on Left. Drag Right up towards Left.  
&3-4      Step Right beside Left. Walk forward on Left. Walk forward on Right.  
&5-6      Rock Left out to Left side. Recover weight on Right. Step forward on Left.  
7 – 8      Rock Right out to Right side Recover weight on Left.

## **S4: Cross. 1/4 Turn Right. Right Chasse. Cross Rock. & Touch. Right Hip Bump. Together.**

1 – 2      Cross Right over Left. Turn 1/4 Right stepping Left back (3.00).  
3&4      Step Right to Right side. Close Left beside Right. Step Right to Right side.  
5 – 6      Cross Rock Left over Right. Recover weight on Right.  
&7      Step Left to Left side and slightly back. Touch Right beside Left.  
&8&      Bump Right hip up. Recover hip to center. Step Right in place beside Left with weight.

**\*\*Tag/Restart here on Wall 5 (See bottom of script for description).**

## **S5: Left Samba Step. Cross Step. Side. Right Back Rock. Hinge Turn Left.**

1&2      Step Left forward crossing slightly over Right. Rock Right to Right side. Recover weight on Left.  
3 – 4      Cross Right over Left. Step Left to Left side.  
5 – 6      Rock back on Right. Recover weight on Left.  
7 – 8      Turn 1/4 Left stepping Right back (12.00). Turn 1/4 Left stepping Left to Left side (9.00).

## **S6: Cross. Hold. & Behind. 1/4 Turn Left. Forward Rock. Right Sailor Step**

1 – 2      Cross Right over Left. Hold.  
&3-4      Step Left to Left side. Cross Right behind Left. Turn 1/4 Left stepping Left forward (6.00).  
5 – 6      Rock forward on Right. Recover weight on Left.  
7&8      Cross Right behind Left. Step Left to Left side. Step Right out to Right side (6.00).

**\*Restart here on Walls 1 & 3 (both facing 6 o'clock Wall).**

## **S7: Cross Rock. Shuffle 1/4 Turn. Step. Pivot 1/4 Turn Left. Cross. 1/4 Turn Right.**

1 – 2      Cross rock Left over Right. Recover weight on Right.  
3&4      Step Left to Left side. Close Right beside Left. Turn 1/4 Left stepping Left forward (3.00).  
5 – 6      Step Right forward. Pivot 1/4 Turn Left (12.00).

7 – 8                Cross step Right over Left. Turn 1/4 Right stepping Left back (3.00).

**S8: 1/4 Turn Right. Hold. Ball-Side Rock. Cross. Side. Right Sailor Step.**

1 – 2                Turn 1/4 Right stepping Right out to Right side. Hold (6.00).

&3-4                Step Left beside Right. Rock Right out to Right side. Recover weight on Left.

5 – 6                Cross Right over Left. Step Left to Left side.

7&8                Cross Right behind Left. Step Left to Left side. Step Right out to Right side.

**Start Again!**

**\*Restarts: On Walls 1&3, Dance 48 Counts and restart the dance facing 6 o'clock Wall (both happen facing the back)**

**\*\*Tag/Restart: The following 4 Count Tag happens during Wall 5 after 32 Counts (Restart facing 12.00 wall).  
Jazz Box 1/4 Turn Left.**

1 – 4                Cross Left over Right. Turn 1/4 Left stepping Right back. Step Left to Left side. Close Right together beside Left.

**Contact: 07792984427 – [karlwinsondance@hotmail.com](mailto:karlwinsondance@hotmail.com)**

---