

This Ain't No Thinkin' Thing

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Very Beginner
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音乐: This Ain't No Thinkin' Thing - Trace Adkins : (Google Play / iTunes / AmazonMP3)



Checked CopperKnob, Kickit, LineDancer for very beginner dance to this song - saw none.
Due to dance written for very beginner dancers or as floor split, it's danced straight through without Restart - works well.

Intro: 32 cts

S1: R STEP L TOGETHER R STEP L TAP, L ROCKING CHAIR

1-2 R Step Side, L Close next to R,
3-4 R Step Side, L Tap
5-6 L Rock Forward, R Recover,
7-8 L Rock Back, R Recover

S2: L STEP R TOGETHER L STEP R TAP, R ROCKING CHAIR

1-2 L Step Side, R Close next to L
3-4 L Step Side, R Tap
5-6 R Rock Forward, L Recover
7-8 R Rock Back, L Recover

S3: R & L FORWARD TOE STRUT, R OUT L OUT R IN L IN

1-2 R Toe Forward, Drop Heel
3-4 L Toe Forward, Drop Heel
5-6 R Step Out to Side, L Step Out to Side
7-8 R Step in, L Step In

S4: 3/4 R TURN: STEP FORWARD R L R L, 2 R HIP BUMP 2 L HIP BUMP

1-2 1/4 R Turn: R Step Forward, 1/4 R Turn: L Step Forward
3-4 1/4 R Turn: R Step Forward, L Step Forward
5-8 Hip Bump 2 R, 2L (weight ends on left)

Enjoy dancing to this great tune !!

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