

I Want A Man

拍数: 64 墙数: 4 级数: Improver
编舞者: Jo Conroy (UK) - February 2018
音乐: Rough Lover - Aretha Franklin : (iTunes)



Intro: 16 counts from heavy beat on main vocals (12 secs)

Section 1: Toe Taps (R&L). R Mambo Side Rock. Hold

1-2 Tap right toe forward. Step right next to left.
3-4 Tap left toe forward. Step left next to right.
5-8 Rock right to right. Recover weight on left. Step right beside left. Hold.

Section 2: Toe Taps (L&R). L Mambo Side Rock. Hold

1-2 Tap left toe forward. Step left next to right.
3-4 Tap right toe forward. Step right next to left.
5-8 Rock left to left. Recover weight on right. Step left beside right. Hold.

****** Restart here Wall 6 ******

Section 3: R Side Strut. Cross Strut. R Side Rock. Cross. Hold

1-2 Touch right toe to right side. Step right heel down.
3-4 Touch left toe across right. Step left heel down.
5-8 Rock right to right. Recover weight on left. Step right across left. Hold.

Section 4: L Side Strut. Cross Strut. L Side Rock. Cross. Hold

1-2 Touch left toe to left side. Step left heel down.
3-4 Touch right toe across left. Step right heel down.
5-8 Rock left to left. Recover weight on right. Step left across right. Hold.

******Restart here wall 3 ******

Section 5: 2 x Forward Travelling Stomp/Toe Fans

1-2-3-4 Stomp right foot fwd. Turn right toe out-in-out (weight ends on R)
1-2-3-4 Stomp left foot fwd. Turn left toe out-in-out (weight ends on L)

Section 6: REPEAT Section 5

Section 7: Walk Back R-L-R. Hitch. Coaster Step. Hold

1-4 Step back Right-Left-Right. Hitch Left knee up.
5-6-7-8 Step left back. Step right next to left. Step left forward. Hold.

Section 8: Rocking chair , Boogie Walks x 4 (with jazz hands) turning ¼ Left

1-2 Rock forward on right. Recover weight on left.
3-4 Rock back on right. Recover weight on left.
5-8 Making a ¼ turn left, boogie walk right-left-right-left
(Styling for Counts 5-8, walk with bent knees placing feet diagonally R-L-R-L making ¼ turn left, with jazz hands rising up from thighs to above head)

Re-starts:-

- (1) During wall 3 after Section 4, facing 6 o'clock
- (2) During wall 6 after Section 2, facing 12 o'clock

Submitted by -Sharon Brizon: sharon.brizon@ntlworld.com