Pray For Me



编舞者: Michael Diven (USA) - February 2018

音乐: Say a Prayer - Reba McEntire



Count In: 16 counts from start of track.

Step, Rock, Recover, ¼ Turn, Step, ½ Turn, ½ Turn, Sweep, Step, Step, Rock, Recover		
1-2&	Step right foot to right side, rock left foot behind right, recover weight back to right foot	
3-4	Pivot ¼ turn left stepping left foot forward, step right foot forward	
&	Pivot ½ turn left	
5	Pivot ½ turn left, sweeping left foot from front to back	
6&7	Step left foot behind right, step right foot to right side, rock left foot across right foot	
8&1	Recover weight back to right foot, step left foot next to right, cross step right foot over left foot	
1/4 Turn, 1/4 Turn, Cross Rock, Recover, Cross Step, Rock, Recover, Cross, Right Press, Recover		
2&3	Pivot ¼ turn right stepping back on left foot, pivot ¼ turn right stepping right foot to right side, cross rock left over right foot	
4&5	Recover weight back on right foot, step left foot next to right, cross step right over left	
6&7	Rock left foot out to left side, recover weight to right foot, cross step left over right	
8&	Rock right foot out to right side swaying right, recover weight back on left foot	

Step, Rock, Recover, Weave, Cross Rock, Recover, ¼ Turn, ¼ Turn, Weave

1-2&	Step right foot to right side, rock left foot behind right, recover weight back to right foot
3-4&	Step left foot to left side, step right foot behind left, step left foot to left side
5-6&	Cross rock right over left foot, recover weight back to left foot, pivot ¼ turn right
7	Pivot ¼ turn right stepping left foot to left side
8&1	Step right foot behind left, step left foot to left side, cross step right over left

Lift, Weave, Rock, Recover, Rock, Recover, Rock, Recover, Rock, Recover

2 Lift left leg up and at a left diagonal

3&4 Step left foot behind right, step right foot to right side, cross step left over right foot

Restart here During 2nd wall

Rock right foot out to right side, recover weight back on left foot, cross rock right over left foot &7&8&

Recover weight back on left foot, rock right foot to right side, recover weight to left foot, rock

back on right foot, recover weight back on left foot

Start Again.....Enjoy!