

Ooh Ahh (Beautiful Surprise)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Bernadette Burnette (USA) - February 2018
音乐: Beautiful Surprise - Tamia : (CD: Beautiful Surprise)



DIAGONAL STEPS BACK, BALL STEPS FORWARD

1, 2, 3, 4 Step R back diagonal, Slide L back to touch beside R, Step L back diagonal, Slide R back to Touch beside L
5&6&7, 8 Step R forward, Step Ball of L beside R, Step R forward, Step Ball L beside R, Step R forward, hold (8)

MAMBOS FORWARD AND BACK

1&2, 3&4 Rock forward on L, Recover on R, Step L back, Rock back on R, Recover on L, Step forward on R
5&6, 7&8 Rock forward on L, Recover on R, Step L back, Rock back on R, Recover on L, Step forward on R

STEP FORWARD, 1/4 TURN TO LEFT, CLAP, SHAKE HIPS, 1/4 TO RIGHT WITH BOUNCES

1-4 Step L forward, Scuff R with 1/4 turn to Left, Step R in place, Hold and clap
5&6, 7&8 Shake Hips to Right, Left, Right; 1/4 turn Right with two quick chugs (weight on Left)

SAILOR SHUFFLE, 1/2 TURN LEFT SAILOR SHUFFLE, 2 SAILOR SHUFFLES

1&2, 3&4 Step R behind L, Step L to side, Recover on R; Step L behind R, 1/2 turn to Left stepping back on R, Step L to side
5&6, 7&8 Step R behind L, Step L to side, Recover on R; Step L behind R, Step R to side, Recover on L

Contact: Submitted by - Steve Cavanaugh: steve@appleblossom.net
