

Zero to Crazy

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Zero to Crazy - Jerrod Niemann : (iTunes, Amazon.com, Amazon.co.uk, Amazon.de)



#16 count intro (begin on vocal)

Notes: 1 Tag, 2 Restarts

[1 – 8] ROCK, RECOVER, SYNCOPATED 1/2 TURN, ROCK, RECOVER, KICK SWITCH X2

1,2 Rock R forward, Recover L
&3,4 Step R back, Turn 1/4 left stepping L side, Turn 1/4 left stepping R forward (end facing 6:00)
5,6 Rock L forward, Recover R
&7&8 Step L back, Kick R forward, Step R back, Kick L forward

[9 – 16] BIG STEP BACK, SLIDE, BALL-CHANGE, STEP, 1/4 TURN WITH FLICK, SIDE SHUFFLE

&1,2 Step L home, Take R giant step back, Slide L back towards R
&3,4 Step L back, Step R forward, Step forward L
5,6 Turn 1/4 left stepping R side right, Flick L behind R
7&8 Step L side left, Step R beside L, Step L side left

[17 – 24] HALF BOX, HOLD, SIDE STEP, ROCK AND RECOVER, 1/2 TURN

1,2 Turn 1/4 left stepping R side right, Turn 1/4 left stepping L side left
3&4 Hold, Step R beside L, Step L side left
5&6 Rock R over L, Recover L, Turn 1/4 right stepping R forward (end at 12:00)
7,8 Step L forward, Turn 1/2 right taking weight R (end at 6:00)

[25 – 32] SHUFFLE FORWARD, FULL TURN, HOLD, BODY ROLL

1&2 Step L forward, Step R beside L, Step L forward
3,4 Turn 1/2 left stepping R back, Turn 1/2 left stepping L forward
5,6 Stomp R diagonally forward (toward 7:30), hold
7,8 Body roll down & back ending weight L

RESTARTS here during repetitions 5 and 6.

[33 – 40] STEP LOCK WITH 1/2 TURN & HITCH, SHUFFLE FORWARD, ROCK WITH 3/8 SWEEP, SAILOR

1,2 Turn 1/2 right (toward 1:30) stepping R forward, Lock L behind R hitching R knee sharply up
3&4 Step R forward, Step L beside R, Step R forward
5,6 Rock L over R, Recover R sweeping L counterclockwise turning 3/8 left (end facing 9:00)
7&8 Step L behind R, Step R side right, Step L forward

[41 – 48] KICK & SIDE ROCK, RECOVER, CROSS & CROSS, SIDE STEP WITH ROLLS X2

1&2& Kick R forward, Step R beside L, Rock L side left, Recover R
3&4 Step L over R, Step R side right, Step L over R
5,6 Step R side right, Roll body right touching L beside R
7,8 Turn 1/4 left stepping L side left, Roll body left touching R beside L (end at 6 o'clock)

TAG: After 2nd repetition only

1,2 Step R side right, Roll body in touching L beside R
3,4 Turn 1/4 left stepping L side left, Roll body in touching R beside L
5,6 Step R side right, Roll body in touching L beside R
7,8 Turn 1/4 left stepping L side left, Roll body in touching R beside L (end facing 6 o'clock)

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