Got This

级数: High Beginner

编舞者: Gwen Walker (USA) - February 2018

音乐: I Got This - Jerrod Niemann

#16 count intro No Tags No Restarts

拍数: 32

[1-8] Touch forward back, triple forward, step $\frac{1}{4}$ turn , triple forward

- 1-2 Touch L toe forward, touch L toe back
- 3&4 Step L forward, step R beside L, step L forward
- 5-6 Step R forward pivot ¼ to left, shift weight to L. (9:00)
- 7&8 Step R forward , step L beside R, step R forward.

[9-16] Rock L forward recover, coaster, R step ¼ turn x 2

- 1-2 Rock forward onto L, recover back on R.
- 3&4 Step L back, step R back beside L, step L forward
- 5-8 Step R forward pivot ¼ to left (6:00), step R forward pivot ¼ to left (3:00)

[17-24] R triple forward, L step ¼ turn, L triple forward, R step ¼ turn

- 1&2 Step R forward, step L beside R, step R forward.
- 3-4 Step L forward pivot ¼ to right, shift weight to R (6:00)
- 5&6 Step L forward, step R beside L, step L forward
- 7-8 Step R forward pivot ¼ to left, shift weight to L (3:00)

[25-32] Heel switches, walk, walk, Heel switches, step touch

- 1&2& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
- 3-4 Walk forward R, L (small steps)
- 5&6& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
- 7-8 Step R forward, touch L beside R.(3:00)

Ending: Dance ends at the end of 10th wall facing 6:00, on the last two counts step R forward pivot ½ turn to left facing 12:00.

Have fun, Dance from the Heart with JOY.

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墙数:4